



FOOD FOR

APRIL, 2009

THOUGHT

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YEAR IN REVIEW *More than just a meal...*

SUMMARY:

Year 2008 saw a significant increase in need from the previous year. We increased the number of meals served by over 27,000 and our advocacy and referral numbers went up more than 100% in some areas. The number of families coming to dinner went up and the number of seniors being served also increased substantially.

We were able to provide more (and/or lower cost) food to our guests through partnerships developed with Emergency Foodshelf Network (EFN) and Second Harvest Heartland. EFN worked with our sites to bring Mobile Food Shelves to over 2,300 guests in 2008 and provided other needed groceries on a regular basis through the Fare for All program. Second Harvest provided thousands of pounds of food to our volunteer serving teams making more nutritious meals more affordable and more nutritious.

HIGHLIGHTS:

Advocacy & Referral

- Increased partnerships with Open Cities, U of M medical students, Phillips Neighborhood Clinic, Northpoint, the Indian Health Board and other programs to provide medical services to guests.

- guests received glucose screening.
- guests received blood pressure screening.
- guests received flu shots.

- Hosted Advocacy & Resource Fairs at sites.

Participants included:

- NorthPoint, Simply Good Eating, Broadway Village, Northside Community Support, Oak Point Neighborhood Center, Indian Health Board, and People's Exchange.

(continued on page 2)

SPONSOR-A-FAMILY WINNERS:

Fridley United Methodist Church and St. William Catholic Church

Loaves & Fishes is pleased to announce the winning teams for the Sponsor-A-Family campaign of 2008. Partner teams Fridley United Methodist and St. William Catholic are the overall grand-prize winner by raising \$12,500, assisting 1,250 families. The money was raised through a golf tournament for the **David Breen Memorial Fund—Imagine the Possibilities**. The team and the Holy Rosary dining sites were provided a full meal by Outback Steakhouse of Bloomington on March 12th to celebrate their dedication and success.



Breen Family and
Pat Brown, Fridley United Team Coordinator



Chris Anderson,
Outback Steakhouse,
Bloomington Owner



Fridley United Methodist and
St. Williams Catholic team members

THANK YOU VOLUNTEERS!

YEAR IN REVIEW Continued from page 1:

Nutrition

- Partnered with General Mills to create scalable healthy recipes.
- Partnered with a dietician from Health Care for the Homeless to create a Loaves & Fishes recipe book using menus from the volunteer teams. Each recipe includes a healthy alternatives section and a checklist for creating healthy meals.



Mobile Foodshelf

- Partnered with Emergency Foodshelf Network (EFN) to provide groceries to over 2,300 guests through the Mobile Foodshelf programs
 - Over 700 families/individuals at Hope Church received bags of groceries.
 - Over 800 families/individuals at Holy Rosary received groceries.
 - Over 760 families/individuals at Faith Lutheran received groceries.

Volunteer Involvement

- 500+ volunteers attended the 7th Annual Volunteer Recognition Picnic.
- Individual volunteers serving as advocates and mobile foodshelf workers.
- Substitute volunteer teams included: Medtronic, General Mills, Carlson Wagonlit, Minnetonka Rotary Club and others.
- 300+ backpacks (and various school supplies) were donated by Target, Deloitte and the University of New Orleans for distribution to guests.

Charities Review

- Loaves and Fishes received certification from the Charities Review Council in 2008 for meeting non-profit standards of excellence.

Walk to End Hunger

- Loaves and Fishes was one of nine other nonprofit agencies, as well as Greater Twin Cities United Way, that participated in the first annual Walk to End Hunger at the Mall of America on Thanksgiving morning. Over 2,100 walkers participated in the first of what is planned to be an annual event.

Understanding Guest Needs

- Individual site assessments were done at each of our eight dining sites to better determine specific guests needs at specific locations.
- Seniors, homeless individuals, families, children, are represented in various ways at each of the Loaves and Fishes dining sites and our assessments improved with specific workplans for each site.

CONCLUSION:

Although the economy continued to decline over 2008 and we lost 15% of our revenues during the last quarter, the good news is we're helping more families and individuals with no-cost nutritious meals and personal advocacy and referral services to move people toward self-sufficiency. We are working with other hunger-related agencies (like the Hunger Initiative Steering Committee) to improve our food delivery systems and work more collaboratively.

MOBILE FOOD SHELF USE GROWS—Volunteer Support Needed!

Loaves & Fishes partners with the Emergency Foodshelf Network (EFN) to provide fresh produce, hygiene items and non-perishable foods monthly to our guests at three dining sites. In 2008, that partnership provided groceries to over 2,300 guests through the Mobile Foodshelf programs at Hope Church, Faith Lutheran and Holy Rosary dining sites.

As the program continues to grow, we continue to need additional volunteer support. Volunteers are needed to help unload the EFN truck, pre-package bags and pass out groceries to Loaves & Fishes guests on the following dates:

3/26, 4/30, 5/28: Holy Rosary Catholic (2424 18th Ave., S., Mpls)

4/23, 5/21: Faith Lutheran (499 Charles Ave., St. Paul)

4/2, 6/4: Hope Church (7132 Portland Ave., Richfield)



REDUCE THE COST OF THE EVENING MEAL!

Second Harvest partners with Loaves & Fishes to assist volunteers.

Second Harvest is partnering with Loaves & Fishes in an effort to lower food costs for our volunteers. Join us for a presentation and tour of Second Harvest designed specifically for Loaves & Fishes volunteers. The presentation will include menu options, food samples and new ideas to decrease food costs.

Maplewood location—1140 Gervais Ave., Maplewood
Monday, April 6th 1:30 pm – 3:00 pm
Thursday, April 9th 1:30 pm – 3:00 pm

NE Minneapolis location--- 3100 California St. NE Minneapolis
Monday, April 13th 1:30 pm – 3:00 pm
Tuesday, April 14th 1:30 pm – 3:00 pm



SAVE THE DATE

Volunteer Recognition Picnic

SUNDAY, OCTOBER 4, 2009
At the Como Park (Midway)
Twin Pavilions in St. Paul
From 4:00 pm – 6:00 pm

Watch your mailbox for more information!



NEW Volunteers Teams Needed!

Loaves & Fishes Dining Site Openings



RIVER OF LIFE CHURCH
2200 Fremont Avenue North
Minneapolis, MN 55411

4th Tuesdays of odd-numbered months:
May 26, July 28, September 22, November 24

HOPE PRESBYTERIAN CHURCH
7132 Portland Avenue South
Richfield, MN 55423

Assorted 2nd and 3rd Thursdays of the month:
July 9, November 12, December 10

On-going Support

Throughout the year our newsletter and update letters invite your contributions and support.

On-line Giving

You can go online at any time to our web site at loavesandfishesmn.org and make a one-time gift or ongoing / regular basis donations through credit card, Pay Pal, or check.

Sponsor-A-Family

A \$10 donation will provide a family of four with a healthy, hearty meal and other resources critical to survival and self-sufficiency.

Planned Giving

Loaves and Fishes invites its volunteers and donors to provide a *legacy* to assure that people will not go hungry in the future with an estate or will gift.

Ways to Give

There are a variety of venues available to contribute to Loaves and Fishes on an ongoing basis:

SITES

River of Life Lutheran Church
2200 Fremont Ave N., Mpls
612-588-5777

Holy Rosary Church
2424 18th Ave S., Mpls
612-724-8929

St. Stephen's Church
2211 Clinton Ave S., Mpls
612-871-2981

Creekside Community Center
9801 Penn Ave S., Bloomington
952-948-0746

Hope Presbyterian Church
7132 Portland Avenue S., Richfield
612-869-7700

Dorothy Day Center
183 Old Sixth St., St. Paul
651-288-4705

Faith Lutheran Church
499 Charles Ave., St. Paul
651-291-8765

St. Matthew's Church
490 Hall Ave., St. Paul
651-224-9793



2008 SERVICE SUMMARY

Number of meals served	347,139
Aver. # of guests served daily	1,500
Number of Volunteer Serving Teams	300
Total Volunteer Hours (est.)	110,000
Aver. Cost per meal	\$2.88
Est. value of donated food/service	\$687,145
Operating Budget	\$1,631,960

BOARD OF DIRECTORS

Mary Frances Schurb, *Chair*
David Hoiland, *Vice Chair*
Beth Erickson-Quilling, *Treasurer*
Dennis Price, *Secretary*
Dr. Charles Burnside
Keith Chellsen
Michael Degen
Mark Hoiland
Brian Numainville
Kirk Roebken

SITE COORDINATORS

John Gambino, *Dorothy Day Center*
Joe Garcia, *Hope Church*
Dawn Haas, *Faith Lutheran Church*
Barbara Mishler, *Holy Rosary Catholic Church*
Jeff Hammond, *River of Life Lutheran Church*
Jim O'Sullivan, *St. Stephen's Catholic Church*
Kathy Tominski, *Creekside Community Center*
Dawn Haas, *St. Matthew's Catholic Church*

SITE STATISTICS SUMMARY

SITE	2008	2007
River of Life	40,671	37,427
Dorothy Day	79,663	72,200
Faith Lutheran	30,815	27,289
Holy Rosary	42,675	42,525
Creekside Community Ctr.	41,694	42,404
St. Stephens	69,973	68,122
St. Matthews	25,592	21,277
Hope Church	16,046	9,708
TOTALS:	347,129	320,952

ADMINISTRATION / STAFF

Les Bankson *Accounting/Bookkeeper*
Andrea Kish-Bailey *Program Manager*
Elizabeth Rosenberg *Office Support/Volunteer Coordinator*
Susan Rosenberg *Administrative Coordinator*
Dean Weigel *Executive Director*



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