



## ABOUT LOAVES & FISHES MINNESOTA



Loaves & Fishes is a nonprofit organization serving free, healthy meals to Minnesotans where the need is greatest. We serve urban, suburban and rural communities through a variety of meal programs supported by creative food sourcing, our own farm and gardens and food rescue efforts.

Our meal program began in 1982, with one dining site each in Minneapolis and St. Paul. We now serve over 90 outlets in ten counties. Loaves & Fishes Minnesota is not a religious organization. We serve without regard to religious perspective and do not engage in activities that promote any particular religious cause.

**1 M+**

Meals served in  
2018

**60K+**

Farm to Table  
Meals Served

**1.6M+**

Pounds of Food  
Grown, Rescued &  
Sourced

**90+**

Meal Outlets

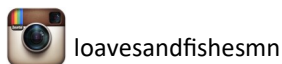
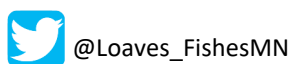
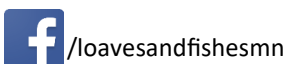
## HUNGER IN MINNESOTA

**1 in 11** Minnesota households is  
affected by hunger.

**1 in 8** Children struggles with hunger.

**400,000** people experience  
homelessness at least once over the course of  
a year.

**350,000** residents live in a  
food desert.



[www.loavesandfishesmn.org](http://www.loavesandfishesmn.org)

## SERVICES AND INITIATIVES



### Dining Sites

Our flagship program serves free, healthy meals to anyone in need at our open to the public dining sites across Minnesota.



### Street Outreach

We distribute sandwiches, soups and fresh produce to people who need us on the streets and in their communities.



### The HUB

The HUB allows smaller nonprofits to affordably source food needed for their "in house" meals. The cost savings allows more resources for programming.



### Food Rescue

This initiative helps eliminate excess cafeteria waste. We partner with businesses, schools and colleges to rescue food that would otherwise go to waste.



### Farm for All

Loaves & Fishes grows fresh produce at four farm and garden locations across the Twin Cities. We serve the produce in "farm to table" meals at our dining sites.



### Meals & Snacks for Children

We provide nutritious meals and snacks after school and during the summer. While school is out, we open more than a dozen dining sites to serve children.



### Advocacy Program for Older Minnesotans

We provide our older guests with resources to access important services. The program is made possible by a Live Well at Home grant from the MN Department of Human Services.



## CATHY MAES Executive Director

Cathy Maes is a tireless advocate for the less fortunate. Since joining Loaves & Fishes in 2013, Cathy has made nutrition a priority in every meal. She's led an innovative expansion effort to triple the number of healthy meals served.

With Cathy's steady leadership, Loaves and Fishes served over one million nutritious meals in 2018. Previously, Cathy served as the executive director of ICA Food Shelf.

## Media Coverage

Fox 9



[Nonprofits, Communities Stepping Up to Help Furloughed Government Workers](#)

KSTP



[Worried About Aging Parents? MN Has Help for Aging Seniors and Caregivers](#)

Star Tribune



[Innovative App Helps MN Companies Get Leftover Food to People In Need](#)

Fox 9



[RPM Drymate, Loaves & Fishes Repurpose Waterproof Mats for Homeless](#)