<table>
<thead>
<tr>
<th>Anoka County</th>
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<tbody>
<tr>
<td><strong>Civic Engagement</strong></td>
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<tr>
<td>• Anoka Parks</td>
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<td>• Anoka County History Center</td>
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<td>• AARP</td>
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<td>• Anoka County Library Books by Mail for homebound</td>
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<tr>
<td>• Anoka YMCA in Coon Rapids</td>
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<tr>
<td>• National Library Service for the Blind &amp; Handicapped</td>
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| **Clinics & Physicians** |
| • Apple Tree Dental |
| • Mercy Hospital - Allina |
| • PORTICO HealthNet - Clinic Referrals |
| • U of M Dental School |

(City locations coming soon)
Clothing & Household Items

- Bridging  
  [www.bridging.org](http://www.bridging.org)
- CEAP Turning Leaf Thrift Store  
  [www.ceap.org/services/thrift-store](http://www.ceap.org/services/thrift-store)
- Savers  
- Southern Anoka Community Assistance SACA  
  [www.sacafoodshelf.org](http://www.sacafoodshelf.org)
- Twin Cities Free Market  
  [www.twincitiesfreemarket.org](http://www.twincitiesfreemarket.org)

Crisis Hotlines & Help

- Alzheimer’s Association  
  [www.alz.org/mnnd](http://www.alz.org/mnnd)
- Anoka County Crisis Response Line  
- Anoka County Adult Mental Health Intake  
  [www.anokacounty.us/2440/Community-Resources](http://www.anokacounty.us/2440/Community-Resources)
- Anoka County License & Passport Centers  
  [www.anokacounty.us/221/License-Passport-Centers](http://www.anokacounty.us/221/License-Passport-Centers)
- Casa De Esperanza (bilingual domestic violence hotline)  
  [www.casadeesperanza.org](http://www.casadeesperanza.org)
- FTC Identity Theft Hotline  
  [www.usa.gov/identity-theft](http://www.usa.gov/identity-theft)
- Greater Minneapolis Alcoholics Anonymous  
  [www.aminneapolis.org](http://www.aminneapolis.org)
- Greater Minneapolis Crisis Nursery  
  [www.crisisnursery.org](http://www.crisisnursery.org)
- Hunger Solutions- MN Food Helpline  
  [www.mnlivewellathome.org](http://www.mnlivewellathome.org)
- Live Well at Home  
- Minnesota Help  
  [www.uimn.org](http://www.uimn.org)
- Minnesota Unemployment Benefits  
  [www.mnpoison.org](http://www.mnpoison.org)
- MN Poison Control  
  [www.mnpoison.org](http://www.mnpoison.org)
- Narcotics Anonymous  
  [www.naminnesota.us](http://www.naminnesota.us)
- National Suicide Prevention Lifeline  
  [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- Senior Linkage Line  
  [www.seniorlinkageline.com](http://www.seniorlinkageline.com)
• Senior Outreach & Information Line of Anoka County (ACCAP)  
  www.accap.org
• Social Security Administration  
  www.ssa.gov
• United Way Crisis; call 211 from any phone  
  www.gtcuw.org/get-help
• United Way Crisis; call 211 from any phone; multi-lingual; Lyft  
  www.211.unitedway.org

**Education Opportunities**
• Anoka Technical College  
  www.anokatech.edu
• Computer Tech - Microsoft Accessibility Tools for mental/physical disability  
  www.microsoft.com/en-us/accessibility
• Pacer  
  www.pacer.org/pandr/proglist.asp
• Senior Citizen Education Program at U of M  
  www.onestop.umn.edu/academics/senior-citizen-education-program

**Employment Services**
• Anoka County Senior Employment  
  www.anokacounty.us/1284/Senior-Employment
• Anoka County Workforce Center  
  www.anokacounty.us/1365/Dislocated-Worker
• Goodwill-Easter Seals  
  www.goodwilleasterseals.org
• HIRED  
  www.hired.org

**Energy Assistance**
• Anoka County Community Action Program (ACCAP)  
  www.accap.org/energy-assistance
• Salvation Army Heat Share  
  www.salvationarmynorth.org

**Faith-based Organizations**
• Anoka Community Mission  
  www.anokacommunitymission.org

**Financial Assistance**
• AnnualCreditReport.com  
  www.annualcreditreport.com
• Anoka County Economic Assistance
  [www.anokacounty.us/193/Economic-Assistance](http://www.anokacounty.us/193/Economic-Assistance)
• Community Emergency Assistance Programs
  [www.ceap.org](http://www.ceap.org)
• Lutheran Social Service of MN Financial Counseling
• Prepare & Prosper
  [www.prepareandprosper.org](http://www.prepareandprosper.org)
• The Lift Garage-AUTO
  [www.theliftgarage.org](http://www.theliftgarage.org)

**Food Resources**

• Anoka County Community Free Food Calendar for Meals
  [https://communityfoodcalendar.weebly.com](https://communityfoodcalendar.weebly.com)
• CEAP
  [www.ceap.org](http://www.ceap.org)
• Community Emergency Assistance Programs
  [www.ceap.org](http://www.ceap.org)
• Fare for All Co-op Food Buying Program
  [www.fareforall.org](http://www.fareforall.org)
• Food Allergy Support
  [www.foodallergysupportmn.org](http://www.foodallergysupportmn.org)
• Good in the Hood
  [www.goodinthehood.org](http://www.goodinthehood.org)
• Meal Programs & Food Shelves Salvation Army North Division
  [www.salvationarmynorth.org](http://www.salvationarmynorth.org)
• Meals on Wheels
  [www.meals-on-wheels.com](http://www.meals-on-wheels.com)
• Nutrition Assistance Program for Seniors (NAPS)
  [www.health.state.mn.us/divs/fh/csfp/index.html](http://www.health.state.mn.us/divs/fh/csfp/index.html)
• Open Arms of MN
  [www.openarmsmn.org](http://www.openarmsmn.org)
• Optage Senior Dining
  [www.optage.org](http://www.optage.org)
• Southern Anoka Community Assistance-SACA
  [www.sacafoodshelf.org](http://www.sacafoodshelf.org)
• Store to Door’s Shop & Deliver Groceries
  [www.helpatyourdoor.org/services](http://www.helpatyourdoor.org/services)

**Healthcare**

• Center for Africans Now in America - Mental Health
  [www.mncana.com](http://www.mncana.com)
• Courage Center
  [www.couragecenter.org](http://www.couragecenter.org)
• Dental Lifeline Network  www.dentallifeline.org/minnesota
• Disability HUB MN  www.disabilityhubmn.org
• Medicaid-State Office  www.medicaidplanningassistance.org/medicaid-eligibility-minnesota
• Medicare-Social security  www.medicare.gov/sign-up-change-plans/getting-started-with-medicare
• Miracle Ear Foundation  www.miracle-ear.com
• MN Adult & Teen Challenge (chemical dependent programs)  www.mntc.org
• National Hearing Aid Project  www.hearingcharities.org
• Partnership for Prescription Assistance  www.pparx.org
• Portico Healthnet/480 Care Referral Line  www.porticohealthnet.org
• Quit Plan-Help Quit Smoking  www.quitplan.com/services-to-help/signup.html
• Sight & Hearing Assoc MN-Hearing Aid Bank of MN-apply for assistance  www.sightandhearing.org/Services/HearingAidBankofMN.aspx
• Starkey Hearing Foundation  www.starkeyhearingfoundation.org

Home Maintenance
• Bridging  www.bridging.org
• Chores and More (ACCAP)  www.accap.org
• Help at Your Door  www.helpatyourdoor.org/services
• Minnesota Home Ownership Center  www.hocmn.org/resources-for-homeowners
• Presbyterian Homes Optage Home Health Care  www.optage.org
• Rebuilding Together Twin Cities  www.rebuildingtogether-twincities.org
• TC Habitat for Humanity Restore Home Improvement  www.tchabitat.org
• AEON Leasing Call Center  www.aeon.org
• Anoka Cty Housing Hotline (ACCAP)  www.accap.org/housing-service
• BDC Management Co - incl mobility impaired  www.bdc_mgmt.com
• Common Bond Properties Headquarters for online search  https://properties.commonbond.org
• Housing Resource Network (for apartment)  www.housinglink.org
• HUD FHA Resource Center  www.hud.gov/program_offices/housing/sfh/fharesourcectr
• Lutheran Social Service of MN  www.lssmn.org/services/housing-and-assistance
• Natl Handicap Housing Institute (barrier free housing)  www.nhhiaccessiblehousing.com
• Presbyterian Homes  www.preshomes.org
• Vison Loss Resources Intake (free in-home assessment)  www.visionlossresources.org

Legal Aid
• Home Line-Tenant advocacy  www.homelinemn.org
• Immigrant Law Center of MN  www.ilcm.org
• Judicare of Anoka County  www.anokajudicare.org
• Legal Aid Client Intake Line  www.mylegalaid.org
• MN Legal Advice Online  www.mnlegaladvice.org
• Volunteer Lawyers Network Client Intake Line  www.vlnmn.org

Pets
• Animal Humane Society  www.animalhumanesociety.org
• Animal Humane Society Free Pet Helpline  www.animalhumanesociety.org/pet-helpline
• Animal Humane Society Melrose Vet Center  www.animalhumanesociety.org/vetcenters
• MN SNAP  www.mnsnap.org
• People & Pets Together  www.peopleandpetstogether.org
• Pet Poison Hotline  [www.petpoisonhelpline.com]

**Phones & Computers**

• Life Wireless (qualify under federal poverty guidelines)  [www.lifewireless.com]
• MN STAR Program (assistive technology for disabled)  [https://mn.gov/admin/star]
• Open Access Connections  [www.openaccessconnections.org]
• PCs for People  [www.pcsforpeople.org]
• TAG Mobile Minnesota Lifeline Service  [www.tagmobile.com/StatePages/Minnesota-Free-Lifeline-Phones]
• Telephone Equipment Distribution Program-same VP  [www.mn.gov/dhs/ted-program]

**Shelters**

• Cornerstone Domestic Violence Emergency Shelter  [www.cornerstonemn.org/emergency-services/safe-housing]
• Family Promise of Anoka County  [www.familypromiseanoka.org]
• Stepping Stone Emergency Shelter  [www.steppingstoneeh.org]
• United Way Crisis; call 211 from any phone  [www.gtcuw.org/get-help]

**Social Services**

• Anoka Senior Services  [www.anokacounty.us/seniors]
• Avivo  [www.avivomn.org]
• CAPI Immigrant Opportunities  [www.capiusa.org]
• Catholic Charities  [www.cctwincities.org]
• Community Involvement Programs  [www.cipmn.org/services-programs]
• Deaf/Blind Services  [www.visionlossresources.org]
• Lutheran Social Service of MN  [www.lssmn.org/services/older-adults]
• Volunteers of America MN & WI  [www.voamnwi.org/minnesota]
Tax Aid
- AARP Tax Aide www.aarp.org
- IRS Hotline www.irs.gov
- Prepare & Prosper www.prepareandprosper.org

Transportation
- Anoka County Traveler www.anokacounty.us/transit
- Charity Cars www.800charitycars.org
- Go Go Grandparent (Uber/Lyft) www.gogograndparent.com
- Help at Your Door www.helpatyourdoor.org/services
- Med Link Seniors & Vets www.anokacounty.us/3636/Transit
- Metro Mobility Customer Service www.metrotransit.org/metro-mobility
- Metro Mobility for most of Hennepin County to schedule a ride www.metrotransit.org/metro-mobility
- Metro Transit & Bus Customer Advocate www.metrotransit.org
- Northstar Commuter Rail Route 888 www.anokacounty.us/336/Commute-Solutions
- Transit Assistance Program (TAP) www.metrotransit.org/TAP
- Transit Link Dial a Ride www.metrotransit.org/transit-link
- Volunteer Dial a Ride (doctor/social service appts) www.accap.org/senior-services/senior-information-line-faqs

Veterans
- Anoka County Veteran's Services www.anokacounty.us/344/Veteran-Services
- Veteran's Affairs Medical Center www.minneapolis.va.gov
- Veterans Aid & Attendance www.veteranaid.org
- Veteran's Linkage Line MN Vet Services www.mn.gov/mdva
Volunteer Opportunities

- Anoka County Retired & Senior Volunteer Program (RSVP)  
  [www.anokacounty.us/725/Retired-Senior-Volunteer-Program](http://www.anokacounty.us/725/Retired-Senior-Volunteer-Program)
- Hands on Twin Cities  
  [www.handsontwincities.org](http://www.handsontwincities.org)
- Lutheran Social Service of MN  
  [www.lssmn.org/services/older-adults](http://www.lssmn.org/services/older-adults)
- Meals on Wheels  
  [www.meals-on-wheels.com](http://www.meals-on-wheels.com)
- MN Senior Corps  
  [www.mnseniorcorps.org](http://www.mnseniorcorps.org)

Voter Registration

- Minnesota Voter Registration  
  [www.sos.state.mn.us/elections-voting/register-to-vote](http://www.sos.state.mn.us/elections-voting/register-to-vote)