



## RAMSEY COUNTY

### CIVIC ENGAGEMENT

[AARP](#)

[Keystone Merriam Park Community Center](#)

[Keystone West 7th Community Center](#)

[Natl Library Service for the Blind & Handicapped](#)

[Neighborhood House Family Centers](#)

[Ramsey County Parks & Rec](#)

### CLINICS & PHYSICIANS

[Bluestone Physician Services](#)

[MN Community Care Clinics \(medical/dental\)](#)

[PORTICO HealthNet - clinic referrals in other lang](#)

[U of M Dental School](#)

### CLOTHING & HOUSEHOLD

[Bridging](#)

[Focus Minnesota](#)

[My Very Own Bed \(Free for kids\)](#)

[Salvation Army Family Stores](#)

### CRISIS HOTLINES & HELP

[Alzheimer's Association](#)

[Asthma Info Ctr American Lung Assoc Helpline](#)

[Better Business Bureau of MN & ND](#)

[Casa De Esperanza-bilingual domestic violence hotline](#)

[CDC Immunization Info Hotline](#)

[Cornerstone 24 hr help One Day MN-Domestic or Sexual Violence, trafficking](#)

[Disability HUB MN](#)

[FTC Identity Theft Hotline](#)

[Gilda's Club Twin Cities \(cancer support\)](#)

[Hunger Solutions- MN Food Helpline](#)

[Live Well at Home](#)

[Metropolitan Area Agency on Aging](#)

[Minnesota Coronavirus Hotline](#)

[Minnesota Help](#)

[Minnesota Unemployment Benefits](#)

[MN Poison Control](#)  
[Narcotics Anonymous](#)  
[National Gambling Hotline](#)  
[National Suicide Prevention Lifeline](#)  
[Office of Minnesota Attorney General](#)  
[Ramsey County Adult Protection Services against abuse 24 hr line](#)  
[Ramsey County Crisis Line-mental health](#)  
[Ramsey County Mental health/substance abuse](#)  
[Ramsey County Senior Services](#)  
[Ramsey County Suicide Prevention](#)  
[Reduce Telemarketer calls](#)  
[Safety at Home MN Address Confidentiality](#)  
[Senior Linkage Line MNHelp](#)  
[Social Security Administration](#)  
[United Way Crisis; call 211 from any phone; multi-lingual;lyft](#)  
[US Census](#)  
[Veteran's Crisis Line](#)

#### **EDUCATION**

[Anoka Ramsey Community College](#)  
[Pacer](#)  
[Project for Pride](#)  
[Senior Citizen Education Program at U of M](#)

#### **EMPLOYMENT SERVICES**

[Career Force](#)  
[Employment Action Center](#)  
[HIRED](#)  
[Goodwill-Easter Seals](#)  
[JFS](#)  
[Merrick Community Services](#)  
[MN Employment&Economic Dev State Services for the Blind](#)  
[Ramsey County Workforce Solutions](#)

#### **ENERGY ASSISTANCE**

[Community Action Partnership](#)  
[Minnesota utility/energy resources for COVID-194/1-9/30](#)  
[Minnesota Dept Commerce Energy Assistance](#)  
[Salavation Army HeatShare](#)  
[Sustainable Resource Ctr Weatherization Program](#)  
[Xcel Medical Affordability](#)  
[Xcel Sr Discounts electric/gas](#)

#### **FINANCIAL ASSISTANCE**

[AnnualCreditReprt.com](#)  
[JFS](#)  
[Lutheran Social Service of MN Financial Counseling](#)  
[Prepare & Prosper](#)  
[Ramsey County Financial Assistance](#)  
[The Lyft Garage-AUTO](#)

#### **FOOD RESOURCES**

[Community Action Partnership](#)  
[EBT card for online food purchases](#)  
[Fareforall Co-op Food Buying Program](#)  
[Focus Minnesota](#)  
[Food Allergy Support](#)  
[Keystone Community Services-food shelves by location](#)  
[Meal Programs & Food Shelves Salvation Army North Div](#)  
[Meals on Wheels](#)  
[Merrick Community Services](#)  
[Minnesota Food Helpline -multilingual](#)  
[Minnesota SNAP nutritional assistance program](#)  
[Neighborhood House Food Market](#)  
[Nutrition Assistance Program for Seniors \(NAPS\)](#)  
[Open Arms of MN](#)  
[Open Hands Midway](#)  
[Optage Senior Dining](#)  
[Salvation Army West 7th Street St Paul](#)  
[Salvation Army Eastside St Paul](#)  
[Second Harvest Heartland](#)  
[Store to Door's Shop & Deliver Groceries](#)

#### **HEALTH CARE SYSTEM & HEALTH PLANS**

[Dental Lifeline Network](#)  
[Disability HUB MN](#)  
[Hope Dental Clinic](#)  
[Live At Home Network \(home block nurse programs\)](#)  
[Medicade-State Office](#)  
[Medical Assistance/Minnesota Care](#)  
[Medicare-social security](#)  
[Minnesota Drug Card-free for non-covered/lower co-pay](#)  
[Miracle Ear Foundation](#)  
[MN Adult & Teen Challenge-chemical dependency programs](#)  
[MNSure Navigators for health insurance](#)  
[NAMI Natl Alliance Mental Illness](#)  
[National Hearing Aid Project](#)  
[OEIUS: Cap Tel Captioned Telephone](#)  
[Partnership for Prescription Assistance](#)  
[People Incorporated Mental Health](#)  
[Portico Healthnet/480 Care Referral Line-appt basis](#)  
[QuitPlan-Help Quit Smoking](#)  
[RX outreach; mail order pharmacies](#)  
[Senior Linkage Line -medicare](#)  
[Sight &Hearing Assoc MN-Hearing Aid Bank of MN-apply for assistance](#)  
[Starkey Hearing Foundation](#)  
[Struthers Parkinsons Center](#)  
[U of M Dental Care](#)  
[Vision Loss Resources](#)

#### **HOME MAINTENANCE & HANDYMAN**

[Bridging - home basic essentials](#)  
[Hearts & Hammers Twin Cities -exterior on own home](#)  
[Help at Your Door](#)  
[Keystone Community Services](#)  
[Minnesota Hoarding](#)  
[Minnesota Home Ownership Center](#)  
[NeighborWorks TC Metro](#)  
[Presbyterian Homes Optage Home Health Care](#)  
[Rebuilding Together Twin Cities](#)  
[TC Habitat A Brush w/Kindness](#)  
[TC Habitat for Humanity Age Well at Home](#)  
[Vision Loss Resources intake free in home assessment](#)

### **HOUSING RESOURCES**

[Accessible Space, Inc \(ASI\) MN](#)  
[AEON Leasing Call Center](#)  
[BDC Management Co -incl mobility impaired](#)  
[Beacon Interfaith](#)  
[Catholic Charities of St Paul & Mpls](#)  
[Common Bond Properties Hdqtrs for online search](#)  
[HOME Line tenant's rights](#)  
[Housing Link search internet incl subsidized](#)  
[HUD FHA Resource Ctr](#)  
[HUD Housing Counseling](#)  
[Lutheran Social Service of MN-Coord Entry System by Cty](#)  
[Matrix Housing Services](#)  
[Minnesota Housing \(rehabilitation/fix-up loan programs\)](#)  
[Natl Handicap Housing Institute -barrier free housing](#)  
[Neighborhood House](#)  
[People Incorporated Mental Health housing support](#)  
[Presbyterian Homes](#)  
[Project for Pride](#)  
[Ramsey County Coord Access to Housing & Shelter \(CAHS\)](#)  
[Twin Cities Senior Housing Guide](#)  
[Volunteers of America MN&WI](#)

### **LEGAL**

[Immigrant Law Ctr of MN](#)  
[Legal Aid client intake line](#)  
[Mid-Minnesota Legal Aid/Disability Law Ctr](#)  
[Minnesota Elder Justice Center](#)  
[Minnesota Legal Advice Online](#)  
[Southern Minnesota Regional Legal Services, Inc.](#)  
[Volunteer Lawyers Network client intake line](#)

### **MEDICAL ALERT**

[Life Alert](#)  
[Medical Alert](#)  
[Mobile Help](#)

### **PETS**

[Animal Humane Society Free Pet Helpline](#)  
[Animal Humane Society Pet Emergencies & Financial Assistance](#)  
[Animal Humane Society St Paul](#)  
[MnSnap](#)  
[People & Pets Together](#)  
[Pet Poison Hotline](#)

#### **PHONE**

[Government Free Smart Phone](#)  
[GreatCall \(Best Buy\)](#)  
[Hearing disabled free Capitel phone](#)  
[Jitterbug flip & smartphones](#)  
[Life Wireless \(qualify under fed poverty guidelines\)](#)  
[MN Phone Equip Distribution w/hearing loss, speech impairment](#)  
[Open Access Connections](#)  
[TAG Mobile Minnesota Lifeline Service](#)  
[Telephone Discount Programs \(Centurylink\)](#)

#### **PC**

[Computer Tech - Microsoft Accessibility Tools for mental/physical disability](#)  
[PCs for People](#)

#### **TECH SUPPORT**

[CML Choice Magazine Listening free \(impaired vision/disability\)](#)  
[MN STAR Program-assistive technology for disabled](#)  
[The Senior Tech Club](#)

#### **SHELTERS**

[Catholic Charities](#)  
[Cornerstone Domestic Violence Emergency Shelter](#)  
[Harriet Tubman Center East](#)  
[Interfaith Action of Greater StPaul - Project Home-United Way](#)  
[Metro Shelter Hotline](#)  
[People Inc](#)  
[Project Home](#)  
[Ramsey County Singles: Higher Grd/Dorothy Day](#)  
[Ramsey Cty Coord Access families\(CAHS\)](#)  
[Union Gospel for singles](#)  
[Union Gospel Naomi Family Residence](#)  
[United Way Crisis; call 211 from any phone](#)

#### **SOCIAL SERVICES**

[Avivo](#)  
[CAPI Immigrant Opportunities](#)  
[Catholic Charities](#)  
[JFS](#)  
[Keystone Community Services](#)  
[Lutheran Social Service of MN](#)  
[Merrick Community Services](#)  
[People Incorporated - Mental Health Services](#)  
[Ramsey County Human Services](#)  
[Ramsey County Senior Services](#)

[Salvation Army West 7th Street St Paul](#)  
[Salvation Army Eastside St Paul](#)  
[South Asian Community Health & Social Services](#)  
[Vietnamese Social Services of MN](#)  
[Volunteers of America MN&WI](#)  
[Wilder Aging & Caregiving Services](#)

**TAX AID**

[AARP Tax Aide](#)  
[IRS Hotline](#)  
[Prepare & Prosper](#)

**TRANSPORTATION**

[Charity Cars](#)  
[Go Go Granparent \(Uber/Lyft\)](#)  
[Help at Your Door](#)  
[Metro Mobility Customer Service](#)  
[Metro Transit-all services](#)  
[Transit Link Dial a Ride](#)

**VETERANS**

[MN Assistance Council for Veterans-metro regions](#)  
[Ramsey County Veterans Services & Housing](#)  
[VA Community Resource & Referral Ctr \(CRRC\)-homeless](#)  
[Veteran's Affairs Medical Center](#)  
[Veterans Aid & Attendance \(A&A\)](#)  
[Veterans Crisis Line](#)  
[Veteran's Linkage Line MN Vet Services](#)

**VOLUNTEER**

[Hands on Twin Cities](#)  
[Lutheran Social Service of MN](#)  
[Minnesota Senior Corps](#)

**VOTE**

[Voter Registration](#)