



## **CARLTON COUNTY**

### **CIVIC ENGAGEMENT**

[AARP](#)

[Carlton County Historical Society](#)

[Carlton County Parks & Trails](#)

[Carlton Public Library](#)

[Cloquet Public Library](#)

[Moose Lake Public Library](#)

[Natl Library Service for the Blind & Handicapped](#)

### **CLINICS & PHYSICIANS**

[CMH Raiter Family Clinic](#)

[Community Memorial Hospital](#)

[Essentia Health Moose Lake](#)

[Gateway Family Health Clinic-Moose Lake](#)

[PORTICO HealthNet - clinic referrals in other lang](#)

[U of M Dental School](#)

### **CLOTHING & HOUSEHOLD**

[Bridging](#)

[Goodwill](#)

[Salvation Army Family Store](#)

### **CRISIS HOTLINES & HELP**

[Alcoholics Anonymous \(AA\)](#)

[Alzheimer's Association](#)

[Asthma Info Ctr American Lung Assoc Helpline](#)

[Better Business Bureau of MN & ND](#)

[Carlton County Crises Text Line](#)

[Casa De Esperanza-bilingual domestic violence hotline](#)

[CDC Immunization Info Hotline](#)

[Disability HUB MN](#)

[FTC Identity Theft Hotline](#)

[Hunger Solutions- MN Food Helpline](#)

[Live Well at Home](#)

[Minnesota Coronavirus Hotline](#)

[Minnesota Help](#)

[Minnesota Unemployment Benefits](#)

[Minnesota Poison Control](#)

[Narcotics Anonymous](#)

[National Gambling Hotline](#)

[National Suicide Prevention Lifeline](#)

[Office of Minnesota Attorney General](#)  
[Reduce Telemarketer calls](#)  
[Safety at Home MN Address Confidentiality](#)  
[Senior Linkage Line - to get help](#)  
[Social Security Administration](#)  
[United Way Crisis; call 211 from any phone](#)  
[US Census](#)  
[Veteran's Crisis Line](#)

#### **EDUCATION**

[Adult Learning Center Duluth](#)  
[Cloquet Community Education](#)  
[U of M Extension](#)

#### **EMPLOYMENT SERVICES**

[Arrowhead Community Employment](#)  
[Career Force Cloque](#)  
[MN Employment&Economic Dev State Services for the Blind](#)

#### **ENERGY ASSISTANCE**

[Lakes and Pines Community Action Council](#)  
[Minnesota Dept Commerce Energy Assistance](#)  
[Minnesota utility/energy COVID-19 Resources](#)  
[Salavation Army HeatShare](#)  
[Sustainable Resource Ctr Weatherization Program](#)  
[https://www.xcelenergy.com/billing\\_and\\_payment/understanding\\_your\\_bill/energy\\_assistance\\_options/medical](https://www.xcelenergy.com/billing_and_payment/understanding_your_bill/energy_assistance_options/medical)  
[Xcel Sr Discounts electric/gas](#)

#### **FINANCIAL ASSISTANCE**

[AnnualCreditReprt.com](#)  
[Carlton County Financial Assistance](#)  
[Lutheran Social Service of MN Financial Counseling](#)  
[Prepare & Prosper](#)  
[United Way of Carlton County](#)

#### **FOOD RESOURCES**

[Carlton County Food Support](#)  
[EBT card for online food purchases](#)  
[Food Allergy Support](#)  
[Lutheran Social Services - Meal Delivery](#)  
[Meal Programs & Food Shelves Salvation Army North Div](#)  
[Minnesota Food Helpline](#)  
[Minnesota SNAP nutritional assistance program](#)  
[Nutrition Assistance Program for Seniors \(NAPS\)](#)  
[Ruby's Pop Up Pantry](#)  
[Salvation Army Cloquet](#)  
[Second Harvest Heartland](#)

#### **HEALTH CARE SYSTEM & HEALTH PLANS**

[Dental Lifeline Network](#)  
[Disability HUB MN](#)  
[Medicade-State Office](#)

[Medical Assistance/Minnesota Care](#)  
[Medicare-social security](#)  
[Minnesota Drug Card-free for non-covered/lower co-pay](#)  
[Miracle Ear Foundation](#)  
[MN Adult & Teen Challenge-chemical dependency programs](#)  
[MNSure Navigators for health insurance](#)  
[NAMI Natl Alliance Mental Illness](#)  
[National Hearing Aid Project](#)  
[OEIUS: Cap Tel Captioned Telephone](#)  
[Portico Healthnet/480 Care Referral Line](#)  
[QuitPlan-Help Quit Smoking](#)  
[RX outreach; mail order pharmacies](#)  
[Senior Linkage Line -medicare](#)  
[Sight &Hearing Assoc MN-Hearing Aid Bank of MN-apply for assistance](#)  
[Starkey Hearing Foundation](#)  
[Vision Loss Resources](#)

#### **HOME MAINTENANCE & HANDYMAN**

[Minnesota Hoarding](#)  
[Minnesota Home Ownership Center](#)  
[Vision Loss Resources intake free in home assessment](#)  
[Volunteer Services of Carlton County](#)

#### **HOUSING RESOURCES**

[Accessible Space, Inc \(ASI\) MN](#)  
[Cloquet/Carlton Housing & Redevelopment Authority](#)  
[Common Bond Properties Hdqtrs for online search](#)  
[HOME Line tenant's rights](#)  
[Housing Link search internet incl subsidized](#)  
[HUD FHA Resource Ctr](#)  
[HUD Housing Counseling](#)  
[Lakes and Pines Community Action Council](#)  
[Lutheran Social Service of MN](#)  
[Minnesota Housing \(rehabilitation/fix-up loan programs\)](#)  
[National Handicap Housing Institute -barrier free housing](#)  
[Volunteers of America MN&WI](#)

#### **LEGAL**

[Immigrant Law Ctr of MN](#)  
[LawHelpMN.org](#)  
[Legal Aid client intake line](#)  
[Legal Aid Service Northeastern MN](#)  
[Mid-Minnesota Legal Aid/Disability Law Ctr](#)  
[Minnesota Elder Justice Center](#)  
[Minnesota Legal Advice Online](#)  
[Volunteer Lawyers Network client intake line](#)

#### **MEDICAL ALERT**

[Life Alert](#)  
[Medical Alert](#)

[Mobile Help](#)

## **PETS**

[Animal Allies](#)

[Animal Humane Society Free Pet Helpline](#)

[MnSnap](#)

[Pet Poison Hotline](#)

## **PHONE**

[Government Free Smart Phone](#)

[GreatCall \(Best Buy\)](#)

[Hearing disabled free Capitel phone](#)

[Jitterbug flip & smartphones](#)

[Life Wireless \(qualify under fed poverty guidelines\)](#)

[MN Phone Equip Distribution w/hearing loss, speech impairment](#)

[Open Access Connections](#)

[TAG Mobile Minnesota Lifeline Service](#)

[Telephone Equipment Distribution Program-same VP](#)

## **PC**

[Computer Tech - Microsoft Accessibility Tools for mental/physical disability](#)

[PCs for People](#)

## **TECH SUPPORT**

[CML Choice Magazine Listening free \(impaired vision/disability\)](#)

[MN STAR Program-assistive technology for disabled](#)

[The Senior Tech Club](#)

## **SHELTERS**

[United Way Crisis; call 211 from any phone](#)

## **SOCIAL SERVICES**

[Avivo](#)

[CAPI Immigrant Opportunities](#)

[Carlton County Human Services](#)

[Lutheran Social Services](#)

[Volunteers of America MN&WI \(housing, incarceration re-entry services\)](#)

[United Way Carlton County](#)

[Wilder Aging & Caregiving Services](#)

## **TAX AID**

[AARP Tax Aide](#)

[IRS Hotline](#)

[Prepare & Prosper](#)

## **TRANSPORTATION**

[Arrowhead Transit Dial-a-Ride](#)

[Carlton County Medical Rides](#)

[Charity Cars](#)

[Go Go Granparent \(Uber/Lyft\)](#)

## **VETERANS**

[Carlton County Veterans Services](#)

[MN Assistance Council for Veterans- rent/housing assistance](#)

[VA Community Resource & Referral Ctr \(CRRC\)-homeless](#)

[Veteran's Affairs Medical Center](#)

[Veterans Aid & Attendance](#)

[Veterans Crisis Line](#)

[Veteran's Linkage Line MN Vet Services](#)

**VOLUNTEER**

[Lutheran Social Services Senior Corps](#)

[Minnesota Senior Corps](#)

[Volunteer Services of Carlton County](#)

**VOTE**

[Voter Registration](#)



[affordability\\_program](#)