



## **CASS COUNTY**

### **CIVIC ENGAGEMENT**

[AARP](#)

[Cass County Historical Society & Museum](#)

[Cass Lake Community Library](#)

[Cass County Seniors](#)

[Margaret Welch Memorial Library](#)

[Pine River Public Library](#)

[Walker Public Library](#)

[Walker Area Community Center](#)

[Natl Library Service for the Blind & Handicapped](#)

### **CLINICS & PHYSICIANS**

[Cuyuna Regional Medical Center](#)

[Essentia Health Hospitals & Clinics](#)

[PORTICO HealthNet - clinic referrals in other lang](#)

[Sanford Bemidji Cass Lake Clinic](#)

[Sanford Bemidji Walker Clinic](#)

[U of M Dental School](#)

### **CLOTHING & HOUSEHOLD**

[Bridging](#)

[Goodwill Bemidji](#)

[Goodwill Brainerd](#)

[Goodwill Crosslake](#)

[Longville Tossed & Found Boutique](#)

[Salvation Army Family Store Brainerd](#)

[Walker Area Clothing Boutique](#)

### **CRISIS HOTLINES & HELP**

[Alcoholics Anonymous \(AA\)](#)

[Alzheimer's Association](#)

[Asthma Info Ctr American Lung Assoc Helpline](#)

[Better Business Bureau of MN & ND](#)

[Casa De Esperanza-bilingual domestic violence hotline](#)

[Cass County Crises Line & Referral Service](#)

[Cass County Resource Directory](#)

[CDC Immunization Info Hotline](#)

[Disability HUB MN](#)

[FTC Identity Theft Hotline](#)

[Hunger Solutions- MN Food Helpline](#)

[Live Well at Home](#)

[Minnesota Coronavirus Hotline](#)  
[Minnesota Help](#)  
[Minnesota Unemployment Benefits](#)  
[Minnesota Poison Control](#)  
[Narcotics Anonymous](#)  
[National Gambling Hotline](#)  
[National Suicide Prevention Lifeline](#)  
[Office of Minnesota Attorney General](#)  
[Reduce Telemarketer calls](#)  
[Safety at Home MN Address Confidentiality](#)  
[Senior Linkage Line - to get help](#)  
[Social Security Administration](#)  
[United Way Crisis; call 211 from any phone; multi-lingual;lyft](#)  
[US Census](#)  
[Veteran's Crisis Line](#)

#### **EDUCATION**

[Cass Lake Basic Adult Education](#)  
[Leech Lake Tribal College](#)  
[U of M Extension](#)

#### **EMPLOYMENT SERVICES**

[Career Force](#)  
[MN Chippewa Tribe Employment](#)  
[MN Employment&Economic Dev State Services for the Blind](#)

#### **ENERGY ASSISTANCE**

[Minnesota Dept Commerce Energy Assistance](#)  
[Minnesota utility/energy COVID-19 Resources 4/1-9/30](#)  
[Salavation Army HeatShare](#)  
[Sustainable Resource Ctr Weatherization Program](#)  
[Xcel Medical Affordability](#)  
[Xcel Sr Discounts electric/gas](#)

#### **FINANCIAL ASSISTANCE**

[AnnualCreditReprt.com](#)  
[Cass County Financial Assistance](#)  
[Lutheran Social Service of MN Financial Counseling](#)  
[Prepare & Prosper](#)

#### **FOOD RESOURCES**

[Cass Lake Area Food Shelf](#)  
[EBT card for online food purchases](#)  
[Fare For All](#)  
[Food Allergy Support](#)  
[Longville Area Food Shelf](#)  
[Lutheran Social Services - Meal Delivery](#)  
[Meal Programs & Food Shelves Salvation Army North Div](#)  
[Meals on Wheels - Cass County](#)  
[Minnesota Food Helpline](#)  
[Minnesota SNAP nutritional assistance program](#)  
[Nutrition Assistance Program for Seniors \(NAPS\)](#)

[Pillager Area Food Shelf](#)  
[Pine River Area Food Shelf](#)  
[Ruby's Pantry](#)  
[Second Harvest Heartland](#)  
[Walker Area Food Shelf](#)

#### **HEALTH CARE SYSTEM & HEALTH PLANS**

[Dental Lifeline Network](#)  
[Disability HUB MN](#)  
[Medicade-State Office](#)  
[Medicare-social security](#)  
[Minnesota Drug Card-free for non-covered/lower co-pay](#)  
[Miracle Ear Foundation](#)  
[MN Adult & Teen Challenge-chemical dependency programs](#)  
[MNSure Navigators for health insurance](#)  
[NAMI Natl Alliance Mental Illness](#)  
[National Hearing Aid Project](#)  
[OEIUS: Cap Tel Captioned Telephone](#)  
[Partnership for Prescription Assistance](#)  
[Portico Healthnet/480 Care Referral Line](#)  
[QuitPlan-Help Quit Smoking](#)  
[RX outreach; mail order pharmacies](#)  
[Senior Linkage Line -medicare](#)  
[Sight &Hearing Assoc MN-Hearing Aid Bank of MN-apply for assistance](#)  
[Starkey Hearing Foundation](#)  
[Vision Loss Resources](#)

#### **HOME MAINTENANCE & HANDYMAN**

[Faith in Action for Cass County](#)  
[Lakes Area Habitat for Humanity](#)  
[Lakes Area Habitat for Humanity ReStore](#)  
[Minnesota Hoarding](#)  
[Minnesota Home Ownership Center](#)  
[Vison Loss Resources intake free in home assessment](#)

#### **HOUSING RESOURCES**

[Accessible Space, Inc \(ASI\) MN](#)  
[Cass County Affordable Housing](#)  
[Common Bond Properties Hdqtrs for online search](#)  
[HOME Line tenant's rights](#)  
[Housing Link search internet incl subsidized](#)  
[HUD FHA Resource Ctr](#)  
[HUD Housing Counseling](#)  
[Lutheran Social Service of MN](#)  
[Minnesota Housing \(rehabilitation/fix-up loan programs\)](#)  
[National Handicap Housing Institute -barrier free housing](#)  
[Volunteers of America MN&WI](#)

#### **LEGAL**

[Immigrant Law Ctr of MN](#)  
[LawHelpMN.org](#)

[Legal Aid Service Northeastern MN](#)  
[Mid-Minnesota Legal Aid](#)  
[Minnesota Elder Justice Center](#)  
[Minnesota Legal Advice Online](#)  
[Volunteer Lawyers Network client intake line](#)

#### **MEDICAL ALERT**

[Life Alert](#)  
[Medical Alert](#)  
[Mobile Help](#)

#### **PETS**

[Animal Humane Society Free Pet Helpline](#)  
[Babinski Foundation Animal Shelter](#)  
[MnSnap](#)  
[Paws & Claws Rescue & Resort](#)  
[Pet Poison Hotline](#)

#### **PHONE**

[Government Free Smart Phone](#)  
[Hearing disabled free Capitel phone](#)  
[Jitterbug flip & smartphones](#)  
[Life Wireless \(qualify under fed poverty guidelines\)](#)  
[MN Phone Equip Distribution w/hearing loss, speech impairment](#)  
[Open Access Connections](#)  
[TAG Mobile Minnesota Lifeline Service](#)

#### **PC**

[Computer Tech - Microsoft Accessibility Tools for mental/physical disability](#)  
[PCs for People](#)

#### **TECH SUPPORT**

[CML Choice Magazine Listening free \(impaired vision/disability\)](#)  
[MN STAR Program-assistive technology for disabled](#)  
[The Senior Tech Club](#)

#### **SHELTERS**

[Lyman Dede Losh Transitional Housing](#)  
[United Way Crisis; call 211 from any phone; multi-lingual;lyft](#)  
[Village of Hope](#)

#### **SOCIAL SERVICES**

[Avivo](#)  
[CAPI Immigrant Opportunities](#)  
[Cass County Health & Human Services-Backus](#)  
[Cass County Health & Human Services-Walker](#)  
[Lutheran Social Services](#)  
[Pillager Area Family Center](#)  
[Pine River Backus Family Center](#)  
[Volunteers of America MN&WI \(housing, incarceration re-entry services\)](#)  
[Wilder Aging & Caregiving Services](#)

#### **TAX AID**

[AARP Tax Aide](#)

[IRS Hotline](#)

[Prepare & Prosper](#)

**TRANSPORTATION**

[Cass County Senior Transportation Program](#)

[Charity Cars](#)

[Faith in Action for Cass County](#)

[Go Go Granparent \(Uber/Lyft\)](#)

**VETERANS**

[Cass County Veterans Services-Backus](#)

[Cass County Veterans Services-Walker](#)

[MN Assistance Council for Veterans- rent/housing assistance](#)

[Veteran's Affairs Medical Center](#)

[Veterans Aid & Attendance](#)

[Veterans Crisis Line](#)

[Veteran's Linkage Line MN Vet Services](#)

**VOLUNTEER**

[Cass County Volunteer Opportunities](#)

[Lutheran Social Services Senior Corps](#)

[Minnesota Senior Corps](#)

[Pine River Backus Family Center](#)

**VOTE**

[Voter Registration](#)