



RAMSEY COUNTY

CIVIC ENGAGEMENT

[AARP](#)

[Keystone Merriam Park Community Center](#)

[Keystone West 7th Community Center](#)

[Natl Library Service for the Blind & Handicapped](#)

[Neighborhood House Family Centers](#)

[Ramsey County Parks & Rec](#)

CLINICS & PHYSICIANS

[Bluestone Physician Services](#)

[MN Community Care Clinics \(medical/dental\)](#)

[PORTICO HealthNet - clinic referrals in other lang](#)

[U of M Dental School](#)

CLOTHING & HOUSEHOLD

[Bridging](#)

[Focus Minnesota](#)

[My Very Own Bed \(Free for kids\)](#)

[Salvation Army Family Stores](#)

CRISIS HOTLINES & HELP

[Alzheimer's Association](#)

[Asthma Info Ctr American Lung Assoc Helpline](#)

[Better Business Bureau of MN & ND](#)

[Casa De Esperanza-bilingual domestic violence hotline](#)

[CDC Immunization Info Hotline](#)

[Cornerstone 24 hr help One Day MN-Domestic or Sexual Violence, trafficking](#)

[Disability HUB MN](#)

[FTC Identity Theft Hotline](#)

[Gilda's Club Twin Cities \(cancer support\)](#)

[Hunger Solutions- MN Food Helpline](#)

[Live Well at Home](#)

[Metropolitan Area Agency on Aging](#)

[Minnesota Coronavirus Hotline](#)

[Minnesota Help](#)

[Minnesota Unemployment Benefits](#)

[MN Poison Control](#)

[Narcotics Anonymous](#)

[National Gambling Hotline](#)

[National Suicide Prevention Lifeline](#)

[Office of Minnesota Attorney General](#)

[Ramsey County Adult Protection Services against abuse 24 hr line](#)

[Ramsey County Crisis Line-mental health](#)

[Ramsey County Mental health/substance abuse](#)

[Ramsey County Senior Services](#)

[Ramsey County Suicide Prevention](#)

[Reduce Telemarketer calls](#)

[Safety at Home MN Address Confidentiality](#)

[Senior Linkage Line MNHelp](#)

[Social Security Administration](#)

[United Way Crisis; call 211 from any phone; multi-lingual;lyft](#)

[US Census](#)

[Veteran's Crisis Line](#)

EDUCATION

[Anoka Ramsey Community College](#)

[Pacer](#)

[Project for Pride](#)

[Senior Citizen Education Program at U of M](#)

EMPLOYMENT SERVICES

[Career Force](#)

[Employment Action Center](#)

[HIRED](#)

[Goodwill-Easter Seals](#)

[JFS](#)

[Merrick Community Services](#)

[MN Employment&Economic Dev State Services for the Blind](#)

[Ramsey County Workforce Solutions](#)

ENERGY ASSISTANCE

[Community Action Partnership](#)

[Minnesota utility/energy resources for COVID-19/1-9/30](#)

[Minnesota Dept Commerce Energy Assistance](#)

[Salvation Army HeatShare](#)

[Sustainable Resource Ctr Weatherization Program](#)

[Xcel Medical Affordability](#)

[Xcel Sr Discounts electric/gas](#)

FINANCIAL ASSISTANCE

[AnnualCreditReprt.com](#)

[JFS](#)

[Lutheran Social Service of MN Financial Counseling](#)

[Prepare & Prosper](#)

[Ramsey County Financial Assistance](#)

[The Lyft Garage-AUTO](#)

FOOD RESOURCES

[Community Action Partnership](#)

[EBT card for online food purchases](#)

[Fareforall Co-op Food Buying Program](#)

[Focus Minnesota](#)

[Food Allergy Support](#)

[Keystone Community Services-food shelves by location](#)
[Meal Programs & Food Shelves Salvation Army North Div](#)
[Meals on Wheels](#)
[Merrick Community Services](#)
[Minnesota Food Helpline -multilingual](#)
[Minnesota SNAP nutritional assistance program](#)
[Neighborhood House Food Market](#)
[Nutrition Assistance Program for Seniors \(NAPS\)](#)

[Open Arms of MN](#)
[Open Hands Midway](#)
[Optage Senior Dining](#)
[Salvation Army West 7th Street St Paul](#)
[Salvation Army Eastside St Paul](#)
[Second Harvest Heartland](#)
[Store to Door's Shop & Deliver Groceries](#)

HEALTH CARE SYSTEM & HEALTH PLANS

[Dental Lifeline Network](#)
[Disability HUB MN](#)
[Hope Dental Clinic](#)
[Live At Home Network \(home block nurse programs\)](#)
[Medicade-State Office](#)
[Medical Assistance/Minnesota Care](#)
[Medicare-social security](#)
[Minnesota Drug Card-free for non-covered/lower co-pay](#)
[Miracle Ear Foundation](#)
[MN Adult & Teen Challenge-chemical dependency programs](#)
[MNSure Navigators for health insurance](#)
[NAMI Natl Alliance Mental Illness](#)
[National Hearing Aid Project](#)
[OEIUS: Cap Tel Captioned Telephone](#)
[Partnership for Prescription Assistance](#)
[People Incorporated Mental Health](#)
[Portico Healthnet/480 Care Referral Line-appt basis](#)
[QuitPlan-Help Quit Smoking](#)
[RX outreach; mail order pharmacies](#)
[Senior Linkage Line -medicare](#)
[Sight &Hearing Assoc MN-Hearing Aid Bank of MN-apply for assistance](#)
[Starkey Hearing Foundation](#)
[Struthers Parkinsons Center](#)
[U of M Dental Care](#)
[Vision Loss Resources](#)

HOME MAINTENANCE & HANDYMAN

[Bridging - home basic essentials](#)
[Hearts & Hammers Twin Cities -exterior on own home](#)
[Help at Your Door](#)
[Keystone Community Services](#)
[Minnesota Hoarding](#)

[Minnesota Home Ownership Center](#)
[NeighborWorks TC Metro](#)
[Presbyterian Homes Optage Home Health Care](#)
[Rebuilding Together Twin Cities](#)
[TC Habitat A Brush w/Kindness](#)
[TC Habitat for Humanity Age Well at Home](#)
[Vision Loss Resources intake free in home assessment](#)

HOUSING RESOURCES

[Accessible Space, Inc \(ASI\) MN](#)
[AEON Leasing Call Center](#)
[BDC Management Co -incl mobility impaired](#)
[Beacon Interfaith](#)
[Catholic Charities of St Paul & Mpls](#)
[Common Bond Properties Hdqtrs for online search](#)
[HOME Line tenant's rights](#)
[Housing Link search internet incl subsidized](#)
[HUD FHA Resource Ctr](#)
[HUD Housing Counseling](#)
[Lutheran Social Service of MN-Coord Entry System by Cty](#)
[Matrix Housing Services](#)
[Minnesota Housing \(rehabilitation/fix-up loan programs\)](#)
[Natl Handicap Housing Institute -barrier free housing](#)
[Neighborhood House](#)
[People Incorporated Mental Health housing support](#)
[Presbyterian Homes](#)
[Project for Pride](#)
[Ramsey County Coord Access to Housing & Shelter \(CAHS\)](#)
[Twin Cities Senior Housing Guide](#)
[Volunteers of America MN&WI](#)

LEGAL

[Immigrant Law Ctr of MN](#)
[Legal Aid client intake line](#)
[Mid-Minnesota Legal Aid/Disability Law Ctr](#)
[Minnesota Elder Justice Center](#)
[Minnesota Legal Advice Online](#)
[Southern Minnesota Regional Legal Services, Inc.](#)
[Volunteer Lawyers Network client intake line](#)

MEDICAL ALERT

[Life Alert](#)
[Medical Alert](#)
[Mobile Help](#)

PETS

[Animal Humane Society Free Pet Helpline](#)
[Animal Humane Society Pet Emergencies & Financial Assistance](#)
[Animal Humane Society St Paul](#)
[MnSnap](#)
[People & Pets Together](#)

[Pet Poison Hotline](#)

PHONE

[Government Free Smart Phone](#)

[GreatCall \(Best Buy\)](#)

[Hearing disabled free Capitel phone](#)

[Jitterbug flip & smartphones](#)

[Life Wireless \(qualify under fed poverty guidelines\)](#)

[MN Phone Equip Distribution w/hearing loss, speech impairment](#)

[Open Access Connections](#)

[TAG Mobile Minnesota Lifeline Service](#)

[Telephone Discount Programs \(Centurylink\)](#)

PC

[Computer Tech - Microsoft Accessibility Tools for mental/physical disability](#)

[PCs for People](#)

TECH SUPPORT

[CML Choice Magazine Listening free \(impaired vision/disability\)](#)

[MN STAR Program-assistive technology for disabled](#)

[The Senior Tech Club](#)

SHELTERS

[Catholic Charities](#)

[Cornerstone Domestic Violence Emergency Shelter](#)

[Harriet Tubman Center East](#)

[Interfaith Action of Greater StPaul - Project Home-United Way](#)

[Metro Shelter Hotline](#)

[People Inc](#)

[Project Home](#)

[Ramsey County Singles: Higher Grd/Dorothy Day](#)

[Ramsey Cty Coord Access families\(CAHS\)](#)

[Union Gospel for singles](#)

[Union Gospel Naomi Family Residence](#)

[United Way Crisis; call 211 from any phone](#)

SOCIAL SERVICES

[Avivo](#)

[CAPI Immigrant Opportunities](#)

[Catholic Charities](#)

[JFS](#)

[Keystone Community Services](#)

[Lutheran Social Service of MN](#)

[Merrick Community Services](#)

[People Incorporated - Mental Health Services](#)

[Ramsey County Human Services](#)

[Ramsey County Senior Services](#)

[Salvation Army West 7th Street St Paul](#)

[Salvation Army Eastside St Paul](#)

[South Asian Community Health & Social Services](#)

[Vietnamese Social Services of MN](#)

[Volunteers of America MN&WI](#)

[Wilder Aging & Caregiving Services](#)

TAX AID

[AARP Tax Aide](#)

[IRS Hotline](#)

[Prepare & Prosper](#)

TRANSPORTATION

[Charity Cars](#)

[Go Go Granparent \(Uber/Lyft\)](#)

[Help at Your Door](#)

[Metro Mobility Customer Service](#)

[Metro Transit-all services](#)

[Transit Link Dial a Ride](#)

VETERANS

[MN Assistance Council for Veterans-metro regions](#)

[Ramsey County Veterans Services & Housing](#)

[VA Community Resource & Referral Ctr \(CRRC\)-homeless](#)

[Veteran's Affairs Medical Center](#)

[Veterans Aid & Attendance \(A&A\)](#)

[Veterans Crisis Line](#)

[Veteran's Linkage Line MN Vet Services](#)

VOLUNTEER

[Hands on Twin Cities](#)

[Lutheran Social Service of MN](#)

[Minnesota Senior Corps](#)

VOTE

[Voter Registration](#)