

# 2022 IMPACT REPORT



MEALS, COMFORT, & KINDNESS SINCE 1982



**Loaves  
& fishes**











## Providing a solution together

In 2022, we served a record-breaking 4.6 million meals across Minnesota. The number of meals served has risen as our community faces the challenges of everyday essentials increasing in cost at an unprecedented rate. We know that hunger is a problem across the state, and we aim to be a solution for our guests. Our ability to serve 4.6 million meals is possible thanks to a dedicated staff and board, passionate volunteers, generous donors, and partnerships that continue to help us expand our reach and find hunger where it's at.

As we expand into our second commissary kitchen and warehouse in St. Cloud in 2023, we look forward to the growth and new partnerships it will bring. This new space will help us provide 700 meals a day from the kitchen and many more from the warehouse to other partners. An expansion like this is only made possible by generous community members like you.

We understand how critical our role is during this tumultuous time. We are here to listen and provide solutions by strategically cultivating our resources to meet the need. Together, we can remove barriers for Minnesotans seeking a meal.

With gratitude,

Kiley Benson, Executive Director

*"This has been a great resource. It helps us make ends meet. I have been able to pay off bills and start small savings."  
-Loaves & Fishes Guest*



## Our Team

Matthew Anderson

Angela Ayala

Carlos Ayala

Fernando Ayala

Kiley Benson

Megan Bjork

Austin Bosley

Christy Bottger

Christian Bourdo

Chad Carruthers

Marena Ekblad

Lonny Evans

Jack Farrell

Dan Forsberg

Mary Franz

Carolyn Gross

Darwin Grue

Briana Gwin

Aaron Haugabrook

Chris Haugabrook

Matthew Horwath

Laura Ibsen

Darian Jonatan

Emily Kelson

Robbie Kress

Debra Lieberman

Cathy Maes

Martin Maltby

Mel McCormick

Latisha Moening

Mona Moorhead

Mario Nelson

Ruffo Romero

Alyssa Rydel

K. Sannes

Andrew Scott

Steven Shapley

Chris Sholar

Virginia Skruppy

David Tambornino

Ryan Tibbitts

Jason Todd

Beverly Tolliver

Levelle Tolliver

Dung Tran

Nia Zekan

## Our Mission

" To provide healthy meals to Minnesotans  
in areas where need is greatest. "

## Meals, Comfort, & Kindness since 1982

### Our Vision

*We are guided by our  
vision that all people –  
regardless of  
socioeconomic, cultural,  
religious, or ethnic  
background – deserve to  
meet their basic needs for  
food, dignity, and respect.*



**Emily Carpenter**, Board Chair  
**John Larson**, Vice Chair  
**Mike Jonikas**, Treasurer  
**Catherine Holmgren**, Secretary

**Bob Cheney**  
**Mike Degen**  
**Mark Hoiland**  
**Jay Gerczak**  
**Charanjeet Gill**  
**Paula Graff**  
**Audrey Johnson**  
**Twila Marie Johnson**  
**Andy Nelson**  
**JJ Schlangen**  
**Bill Smith**  
**Scott Smith**  
**Kurt Swiecichowski**  
**Leah Tomasetti**  
**Karthik Viswanathan**

## Our Board





Community Meals | Student Meals | Street Outreach | Food Rescue | Advocacy | Commissary Kitchen | The HUB



Our  
Programming





# FINDING HUNGER

## The story of Loaves & Fishes

For 40 years, we have been providing meals, comfort, and kindness to our neighbors in need. While our programming has evolved over four decades, our mission has stayed the same: "To provide healthy meals to Minnesotans in areas where the need is greatest."

Our **community meal program** originated in January of 1982 serving guests at Dorothy Day House in St. Paul and St. Stephen's in Minneapolis. Over the years, we continued partnering with local churches and community centers to provide Minnesotans a place to come inside and share a free meal together.

In 2008, we began providing meals and snacks to students in after school and youth programs through the **Child and Adult Care Food Program (CACFP)**.

We also joined the **Summer Food Service Program (SFSP)** to reduce the gap in school-programmed lunches and snacks while children are out of school during the summer months.

Our **food rescue program** began in 2014 as a unique solution to reducing food waste while meeting our community's needs for accessible, nutritious, and fresh food. We saw a rising demand for more meals across Minnesota and an opportunity to reduce food waste and carbon emissions from the planet. What originated in partnerships with local cafeterias to offset the operational cost of our free community meal sites expanded to various partnerships that include, but are not limited to, restaurants, businesses, and schools.



Years later, we became a solution for local businesses to reduce the impact of their food waste. We moved into a larger warehouse in Southeast Minneapolis and became the first and only redistributor of Second Harvest Heartland food in Minnesota. This led to the creation of our **HUB program** through which we are a resource for local nonprofits to purchase our food inventory at a deep discount to meet the needs of their communities while cutting down on food costs.

As we continued to grow and find hunger where it is at, we brought our **street outreach program** to life. Our staff delivers meals and groceries to people experiencing homelessness on a weekly basis to provide reliable sustenance and support to our community.

Over the years, we've gotten to know many of the faces and stories of those living within our community. While learning about our guests, we identified a need for advocacy and resources. In response, we began our **advocacy program** in 2019. Our Director of Advocacy reduces the barrier to receiving assistance by providing guidance and social service referrals at meal sites, via email, and over the phone.

In 2020, we opened our first commissary kitchen and hired chefs to cook bulk amounts of protein and produce to be packaged into to-go meals for our guests.

The next year, we developed **Cooking For All** – a curriculum to educate staff, volunteers, meal partners, students, and youth groups on how to cook while incorporating low-waste cooking techniques to save on food costs and reduce food waste.

Since 1982, we've strategically cultivated new initiatives to meet community needs as they have arisen. We are dedicated to expanding access to free, nutritious meals for all Minnesotans. We still have a long way to go, but we know we can do it with supporters like you who make our work possible.





# Loaves & fishes



Meals  Comfort  Kindness



**2020 IMPACT**

**Meals Served**

**4,454,745**

**Pounds Rescued**

**7,530,864**

**Check Us Out At**  
**[www.loavesandfishesmn.org](http://www.loavesandfishesmn.org)**

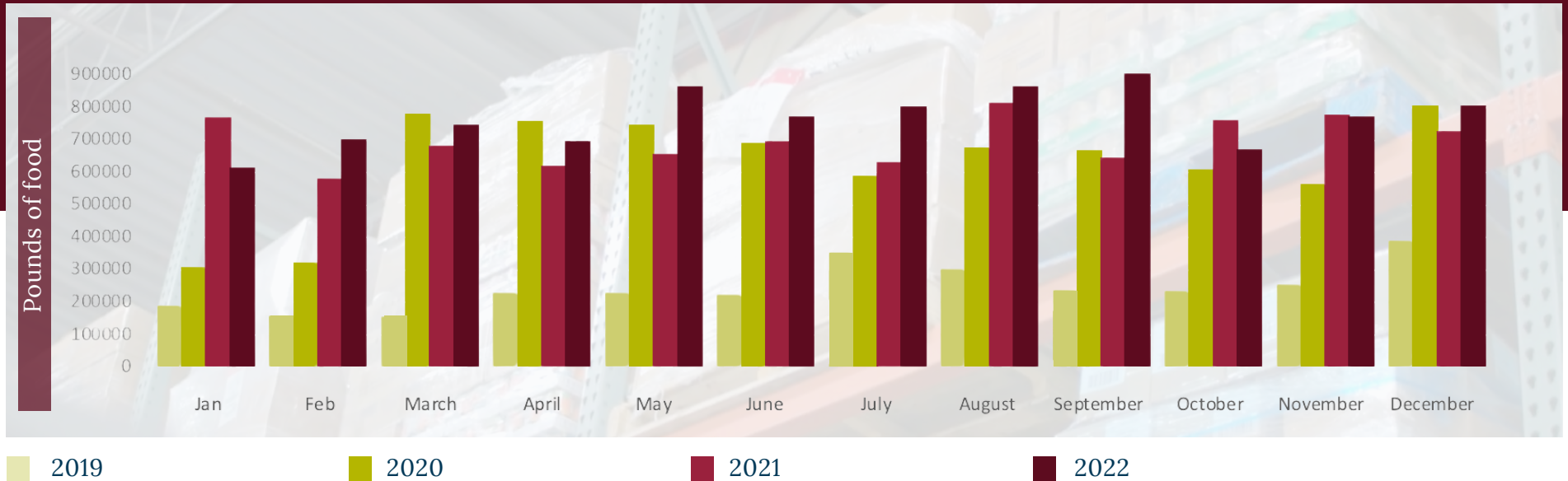
Loaves  
& fishes



DOT 3594216



# FOOD RESCUED



## What does it mean to rescue food?

According to the USDA, about 30-40 percent of the food supply in the United States is discarded into municipal landfills. This food waste generates high quantities of carbon dioxide and methane – powerful greenhouse gases that trap heat in the atmosphere. According to the McKnight Foundation, the Midwest is the world's sixth-largest producer of greenhouse gas emissions.

We aim to be a multi-faceted solution to this problem. Our food rescue team captures wholesome, nutritious food from partnering restaurants, schools, and businesses that would otherwise go to landfills. We find ways to creatively repurpose rescued food to meet the need of free, healthy meals in our community.

**10%**  
GROWTH  
SINCE  
2021

2.9 million pounds in 2019 | 7.5 million pounds in 2020 | 8.3 million pounds in 2021 | 9.2 million pounds in 2022

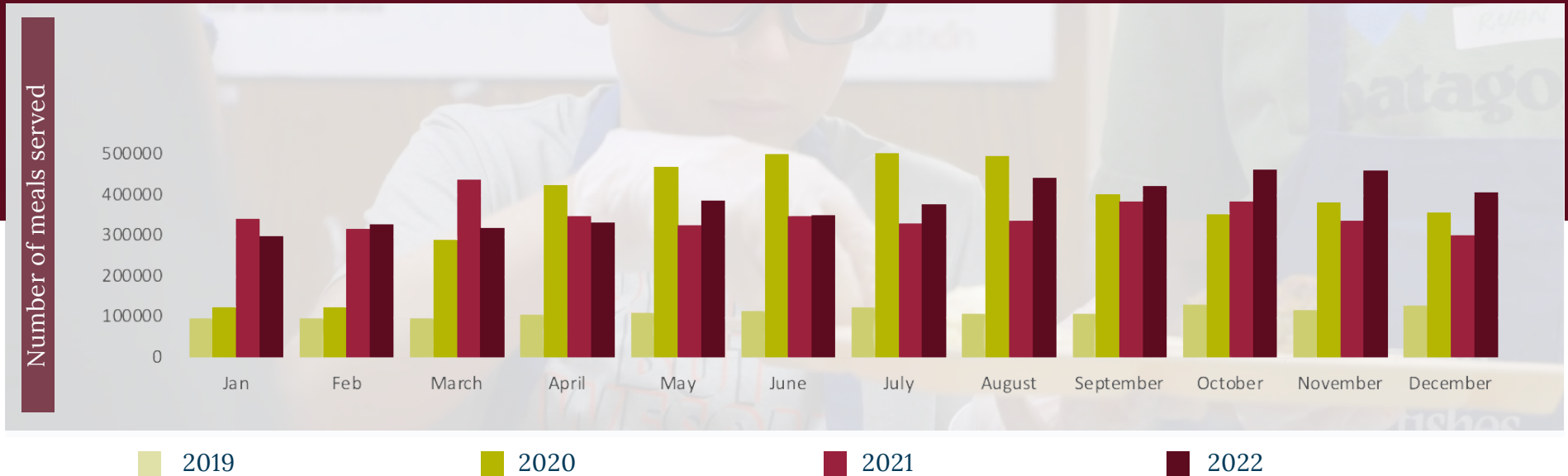




## **Site Coordinators**

Our Site Coordinators are talented individuals who creatively plan and execute meal programming based on product availability in partnership with our food rescue team. They work with volunteers to create and serve nutritious meals at each community meal site while providing a welcoming atmosphere for all guests.

# MEALS SERVED



9%

GROWTH  
SINCE  
2021

## What does it mean to serve a meal?

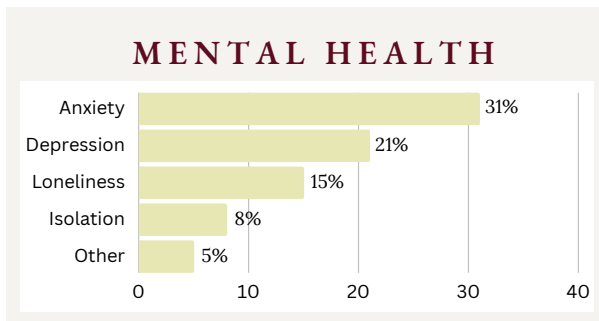
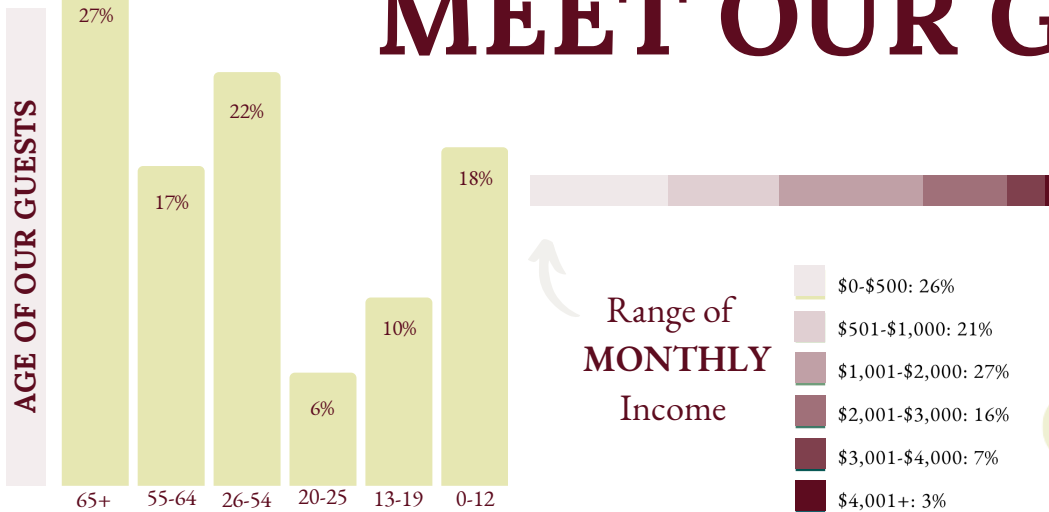
We prepare, package, and serve nutritious meals to guests at our community meal sites hosted at churches, schools, and community centers. Our guests can receive any number of meals needed for their household and are welcome to take meals for family members, friends, and neighbors in need. Our meals are packed with protein, fruits, and vegetables to ensure we are nurturing our guests – not just feeding them.

In addition to our community meal sites, we serve meals to the community through our street outreach program, the HUB, and CACFP/SFSP.

1.3 million meals in 2019 | 4.4 million meals in 2020 | 4.2 million meals in 2021 | 4.6 million Meals in 2022



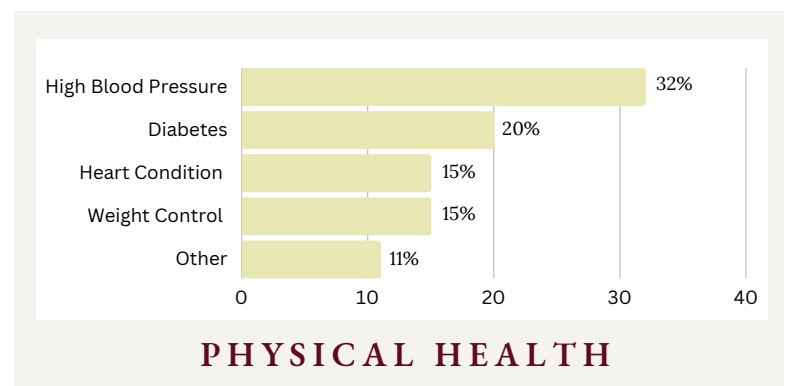
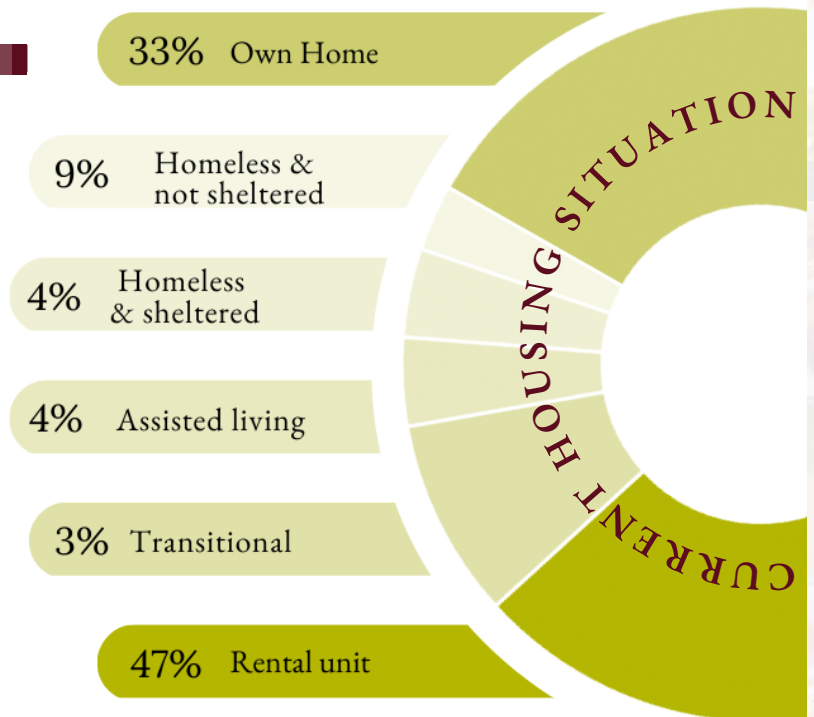
# MEET OUR GUESTS



**Nearly 1 in 5 of our guests are veterans**



**34%** Retired  
**26%** Employed  
**18%** Looking for work  
**20%** Unable to work  
**2%** Student



## Stories from our guest

Meet Pablo, a veteran from the Twin Cities

All of our guests have a unique story. Pablo is a veteran of the Vietnam War who served selflessly as a medic until he received a diagnosis of post-traumatic stress disorder, ending his career. Pablo comes by occasionally to get meals for himself and his housemates. Since losing his wife, the free community meals have offered relief from the increasing costs of essential goods and have sparked many joyful moments at the dinner table.



Meet Pablo



# WHY I GIVE

*"After looking at your website, I was amazed at all the creative ways you work to conserve food that would otherwise go to waste and use it productively to meet many different community needs. I am also impressed at how much of what you do directly serves people in need, including people experiencing homelessness and other poorly served populations. Thank you for creating such a wonderful resource for our community."*

*"It was challenging for my parents to afford groceries and prepare meals as they aged. Their neighbor told them about a Loaves & Fishes community meal site and they quickly became part of a community. Your organization saved them from so much."*

*"It's an honor to be a small part of the work you are doing to support families."*

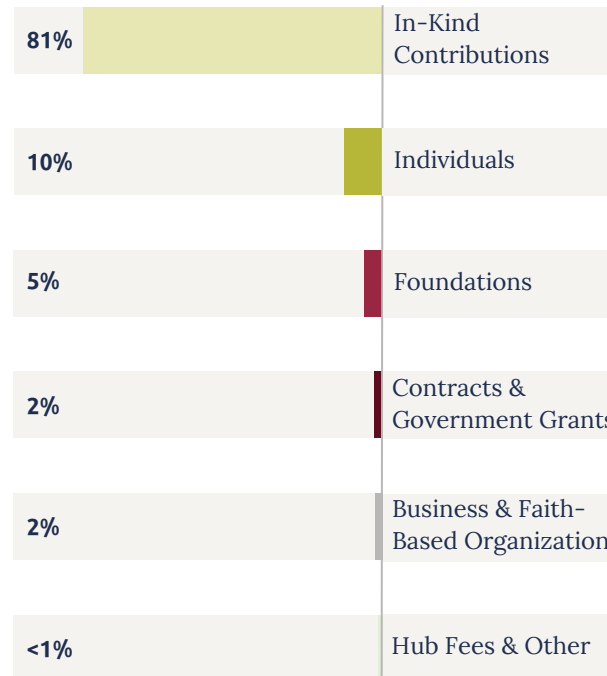


# Financial Statement

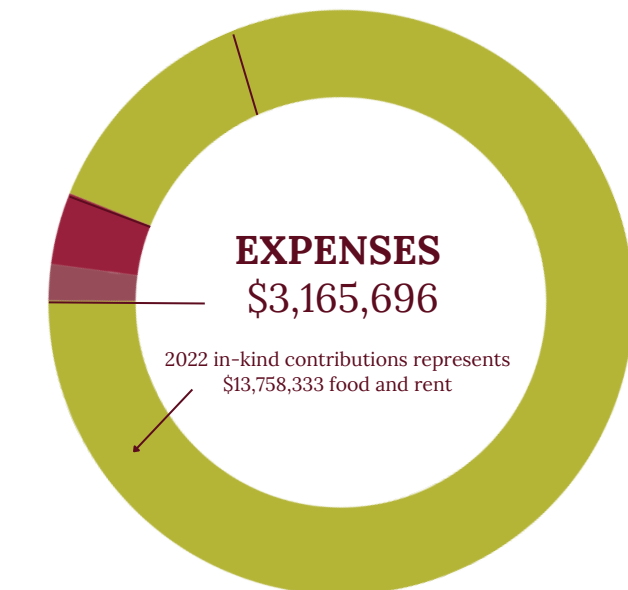
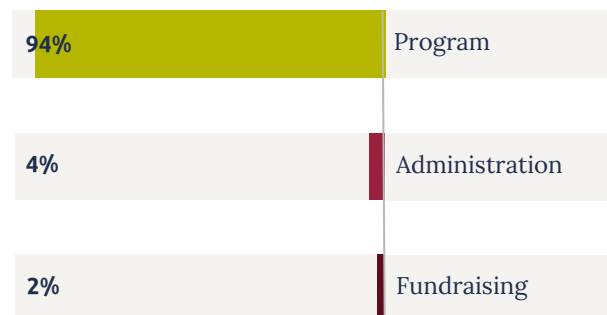
financials from fiscal year 2022 (10/1/21 – 9/30/22)



## TOTAL REVENUE



## TOTAL EXPENSES



Did you know

More than \$9 of every \$10 we receive goes straight to programming

Loaves & Fishes is committed to respecting the privacy of our donors.

### How Information is Used

Loaves & Fishes uses your information to maintain records, complete a transaction, communicate back to you, and for internal marketing purposes. We normally add you to our mailing list unless requested otherwise.

### No Sharing of Personal Information

Loaves & Fishes will not sell, rent, trade, or transfer your personal information to other organizations. Use of donor information will be limited to internal purposes and only to further the mission of Loaves & Fishes. We assure you that the identity of all our donors will be kept confidential.

Complete financial information available upon request.

Donor Privacy Policy



We are supported very generously by individuals, foundations, corporations, community groups, and congregations.

## Businesses

|   |   |
|---|---|
| 3M                                      | IBM   |
| Abbott Laboratories - EGC               | IN Food Marketing & Design                          |
| Accolades Salon Spa                     | Invictus Brewing Company                            |
| AgriBank, FCB                           | Jamf Software                                       |
| Allina Health                           | Jewish Family and Children's Service of Minneapolis |
| Amazon Smile                            | Kale Construction                                   |
| Ameriprise Financial                    | Kowalski's Grand Market                             |
| Aon                                     | Kowalski's Parkview Market                          |
| Arrow Tank and Engineering              | Lakewinds Natural Foods                             |
| Auto-Owners Insurance                   | Link Logistics Real Estate                          |
| Best Buy                                | Livco Realty  |
| BI Worldwide                            | Medtronic   |
| Blue Cross and Blue Shield of Minnesota | Metro Sales   |
| Bolton & Menk                           | Micron Technology                                   |
| Boston Scientific                       | Microsoft   |
| By the Yard                             | Minneapolis Jewish Federation                       |
| C.H. Robinson                           | Minnesota State Fair                                |
| Cargill                                 | MN Fresh Fuel Coffee                                |
| CHS                                     | Modist Brewing Co.                                  |
| Colliers Securities                     | Morgan Stanley                                      |
| Community Alliance                      | Mortenson   |
| Costco Wholesale Corporation            | MSP Communications                                  |
| Coulee Bank                             | Myslajek Kemp & Spencer                             |
| Crew Carwash                            | Nail Turbo and Spa                                  |
| Daugherty Business Solutions            | Navigate Forward                                    |
| Deirdre Handcrafted Jewelry             | Nerud Law Office                                    |
| Delicacies Jewelry                      | Northern Metal Recycling                            |
| Dell Technologies                       | Nothing Bundt Cakes                                 |
| Driskill's Shorewood                    | Oxendale's West St. Paul                            |
| Du Nord Social Spirits                  | Pampered Chef                                       |
| Ecolab                                  | PGA Tour Superstore                                 |
| Elevance Health                         | Piper Sandler Companies                             |
| Imagine Theater Plymouth                | Polaris   |
| EPIQ Partners                           | Premise   |
| Equity Services of St. Paul             | Prouty Project                                      |
| Estee Lauder Companies                  | Prudential  |
| General Mills                           | Pryes Brewing Company                               |
| Gertens                                 | Punch & Associates                                  |
| GiveMN                                  | Punch Pizza   |
| Goldfine Jewelry                        | Quality Bicycle Products                            |
| GoodHands Company                       | Quality Tech Services                               |
| Google                                  | Red Wing Shoe Company                               |
| Great Southern Bank                     | Resan Partners                                      |
| Gramercy Club at Burnhaven Drive        | Riedel Consulting Service                           |
| Herregan Distributors                   |   |

Rockwell Spark  
Scannell Properties  
Securian Financial Group  
Spire Credit Union  
St. Paul Bagelry  
St. Paul Saints  
Stenseth Samuelson & Boese  
Summit Healthcare  
Surly Brewing  
T. Rowe Price  
Thomson Reuters  
Three Rivers Parks District  
Thrivent Financial  
Travelers  
TruStone Financial  
U.S. Bank  
UnitedHealth Group  
Urban Growler Brewing Company  
Vantage Law Group  
Varde  
Voya Financial  
Wells Fargo  
Wildlife Management Services  
Xcel Energy

## Foundations

Anonymous (2)  
America's Charities  
Andersen Corporate Foundation  
Antioch Foundation  
Archer Daniels Midland  
Arthur M. Blank Foundation  
Baillon Family Foundation  
Baker Tilly Foundation  
Baxter Family Foundation  
Bieber Family Foundation  
Bloomington Community Foundation  
BNSF Railway Foundation  
Butler Family Community Foundation  
Buuck Family Foundation  
C.H. Robinson Worldwide Foundation  
Caliber Foundation  
Canterbury Park Holding Corporation  
CarVal Investors  
Casey Albert T. O'Neil Foundation  
Charity On Top Foundation  
Charlie's Choice Foundation  
Constellation  
Creating Healthier Communities  
Doherty Family Foundation  
Enterprise Holdings Foundation  
F. R. Bigelow Foundation  
Fred C. and Katherine B. Andersen Foundation  
General Mills Foundation  
Gertrude R. Shiely Charitable Trust  
Getsch Charitable Trust  
Graybrier Foundation  
Hardenbergh Foundation  
Harold and Dorothy Madson Foundation  
Harold W. Sweatt Foundation  
HMSHost Foundation  
Holden Family Foundation  
Hugh J. Andersen Foundation  
Humboldt Family Foundation  
Hutter Family Foundation  
Icario Foundation  
James B. Linsmayer Foundation  
James T. Nystrom Foundation  
Janice Gardner Foundation  
Jay & Rose Phillips Family Foundation of Minnesota  
Jaye F. and Betty F. Dyer Foundation  
Kemps Foundation  
Laird Youth Leadership Foundation  
Mardag Foundation  
Margaret A. Cargill Foundation Fund of the Saint Paul & Minnesota Foundation  
Margaret Rivers Fund  
McVay Foundation  
Michael and Donna Kaplan Foundation  
Mike and Linda Fiterman Family Foundation  
Minneapolis Foundation  
Morgan Family Foundation  
Morsman Family Foundation  
Noll Family Foundation  
Northland Foundation  
Open Your Heart To The Hungry & Homeless  
Otto Bremer Trust  
P&G Fund of The Greater Cincinnati Foundation  
Patch Foundation  
Patrick and Aimee Butler Family Foundation  
Paul and Laurie Lokar Family Foundation  
Paul and Patricia Curran Foundation  
Pohlad Family Foundation

Ray Edwards Memorial Trust  
Red Wing Shoe Company Foundation  
RGJ Family Foundation  
Richard M. Schulze Family Foundation  
Richfield Foundation  
Saint Paul & Minnesota Foundation  
Sit Investment Associates Foundation  
Stuart and Nancy Friedell Family  
Susan Stuart Seiler Family Foundation  
Tankenoff Families Foundation  
Tourville Family Foundation  
Turner Family Foundation  
Wireless Zone Foundation

### **Government**

City of Richfield  
Emergency Food & Shelter Program  
Hennepin County Community Services  
Hennepin South Services Collaborative  
Hunger Solutions Minnesota  
Minnesota Pollution Control Agency  
Ramsey & Washington County Recycling  
& Energy

### **Groups**

American Legion Post 320 Auxiliary  
Eagan Firefighters Relief Association  
Father John Deere Ladies Aux - Knights  
of Columbus  
Goldbricks Club  
Highland Catholic Middle School  
Kiwanis Club of North Suburban St. Paul  
Knights of Columbus Farmington Council  
#2400  
Mayo Clinic Social Work  
Minnetonka Rotary Club  
Southdale Pediatric Associates  
Teamsters Local Union #638  
Twin Cities Sports Collectors Club

Thank you to the thousands of  
individual donors not listed who  
make our work possible including  
160+ recurring monthly donors!







721 Kasota Avenue SE, Minneapolis, MN 55414  
612-377-9810 | [office@loavesandfishesmn.org](mailto:office@loavesandfishesmn.org)  
**[www.loavesandfishesmn.org](http://www.loavesandfishesmn.org)**

