



RAMSEY COUNTY

CIVIC ENGAGEMENT

[AARP Minnesota](#)
[American Indian Family Center](#)
[Central Square Community Ctr](#)
[CLUES \(Latinos\)](#)
[Dayton's Bluff Elem Family Ctr](#)
[East Side Family Ctr Johnson Elem](#)
[Gladstone Community Center](#)
[Hallie Q. Brown/MLK Center](#)
[Highland Sibley Manor Family Ctr](#)
[Keystone Merriam Park Community Center](#)
[Keystone West 7th Community Center](#)
[Natl Library Service for the Blind & Handicapped](#)
[Neighborhood House Family Centers](#)
[Ramsey County Library](#)
[Ramsey County Parks & Rec](#)
[St Paul JCC](#)
[St Paul Music Academy Family Ctr](#)
[Wellstone Family Ctr](#)
[YMCA North \(20+ locations in greater TC metro\)](#)

CLINICS & PHYSICIANS

[Central Internal Medicine Clinic](#)
[Community Dental Care-Maplewood](#)
[Community Dental Care-St Paul](#)
[East Side Family Clinic Medical/Dental](#)
[HealthPartners St Paul Clinic](#)
[Hope Dental Clinic](#)
[Mfairview St John's Hospital](#)
[MN Community Care Clinics \(medical/dental\)](#)
[MN Community Care-East Side Family Clinic](#)
[MN Community Care-La Clinica](#)
[MN Community Care-McDonough Homes](#)
[Open Cities Health Center-Dunlap](#)
[Open Cities Health Center-North End](#)
[Planned Parenthood-Rice Street](#)
[Planned Parenthood-Vandalia](#)

[PORTICO HealthNet - clinic referrals in other lang](#)
[Region's Hospital-HealthPartners](#)
[U of M Dental School](#)
[Phalen Village Family Clinic](#)
[United Hospital-Allina Health](#)
[Westside Dental Clinic](#)

CLOTHING & HOUSEHOLD

[Alley Shoppe-Arlington Hills Lutheran Church](#)
[Bridging](#)
[Focus Minnesota](#)
[Joseph's Coat Free Store](#)
[Hallie Q. Brown/MLK Center](#)
[Ministering Angels](#)
[Neighbors Inc](#)
[St Vincent de Paul Thrift Store](#)
[Union Gospel Mission](#)

CRISIS HOTLINES & HELP

[AA St Paul & Suburbs](#)
[Alzheimer's Association](#)
[Asthma Info Ctr American Lung Assoc Helpline](#)
[Better Business Bureau of MN & ND](#)
[Casa De Esperanza-bilingual domestic violence hotline](#)
[Center for Disease Control & Prevention](#)
[Cornerstone 24 hr help One Day MN-Domestic or Sexual Violence, trafficking](#)
[Disability HUB MN](#)
[FTC Identity Theft Hotline](#)
[Griefclub of MN](#)
[Guilda's Club Twin Cities \(cancer support\)](#)
[Hunger Solutions- MN Food Helpline](#)
[Live Well at Home](#)
[Metropolitan Area Agency on Aging \(Trellis\)](#)
[Minnesota Coronavirus Hotline](#)
[Minnesota Help](#)
[Minnesota Unemployment Benefits](#)
[MN Poison Control](#)
[MN Mental Health \(Warmline\)](#)
[Narcotics Anonymous](#)
[National Gambling Hotline](#)
[Office of Minnesota Attorney General](#)
[Ramsey County Adult Protection Services against abuse 24 hr line](#)
[Ramsey County Crisis Line-mental health](#)
[Ramsey County Mental health/substance abuse](#)
[Ramsey County Assistance & Support](#)
[Reduce Telemarketer calls](#)

[Safety at Home MN Address Confidentiality](#)
[Senior Linkage Line MNHelp](#)
[Social Security Administration](#)
[Suicide Prevention Lifeline](#)
[United Way Crisis; call 211 from any phone; multi-lingual](#)
[Veteran's Crisis Line; dial 988, press 1](#)

EDUCATION

[Century Community College](#)
[Goodwill-Easter Seals](#)
[Gospel Mission LifeNet Learning Ctr](#)
[Hubb Center St Paul Pub School Adult Educ](#)
[Hubert H Humphrey Job Corps Center](#)
[Pacer](#)
[Project for Pride](#)
[St Paul Community College](#)
[St Paul Community Schools Adult Ed Central HS](#)
[St Paul Community Schools Adult Ed Harding HS](#)
[Senior Citizen Education Program at U of M](#)

EMPLOYMENT SERVICES

[Career Force-St Paul](#)
[Dress for Success](#)
[Goodwill-Easter Seals](#)
[HIRED](#)
[JFS](#)
[Lutheran Social Services \(LSS\) Training & Educ](#)
[Merrick Community Services](#)
[MN Employment Services for the Blind](#)
[Ramsey County Workforce Solutions](#)
[Small Sums](#)
[Twin Cities RISE](#)

ENERGY ASSISTANCE

[MN Energy Assistance Programs](#)
[Community Action Partnership](#)
[Minnesota utility/energy resources for COVID-19/1-9/30](#)
[Salvation Army HeatShare](#)
[Sustainable Resource Ctr Weatherization Program](#)
[Xcel Medical Affordability](#)
[Xcel Sr Discounts electric/gas](#)

FINANCIAL ASSISTANCE

[AnnualCreditReprt.com](#)
[Catholic Charities](#)
[JFS](#)
[Lutheran Social Service of MN Financial Counseling](#)
[Minnesota Benefits](#)

[Neighbors Inc-emerg assistance](#)

[Prepare & Prosper](#)

[Ramsey County Financial Assistance](#)

[Salvation Army West 7th Street St Paul](#)

[Salvation Army Eastside St Paul](#)

[The Lyft Garage-AUTO](#)

[Wings for Widows](#)

FOOD RESOURCES

[Community Action Partnership](#)

[St Andrew's Lutheran Church](#)

[Canasta Familiar-CLUES](#)

[Dept Indian Work-Interfaith Action](#)

[Fareforall Co-op Food Buying Program](#)

[Focus Minnesota](#)

[Food Allergy Support](#)

[Francis Basket Food Market](#)

[Franciscan Brothers of Peace food shelf](#)

[Friends in Need Food Shelf](#)

[Fruit of the Vine Food Shelf](#)

[Gustavus Adolphus Lutheran Church](#)

[Hallie Q. Brown/MLK Center](#)

[Hope Breakfast Bar-soup kitchen](#)

[Isruoon-east African by location](#)

[Keystone Food Shelves-RiceSt](#)

[Keystone Food Shelves-Midway](#)

[Love Grows Here Wellness Ctr](#)

[Masjid At-Taqwa Food Shelf](#)

[Meal Programs & Food Shelves Salvation Army North Div](#)

[Meals on Wheels](#)

[Merrick Comm Services-Food Shelf Woodland Hills Church](#)

[Merrick Comm Services-Food Shelf Gustavus Adolphus Lutheran Church](#)

[Minnesota Benefits \(SNAP\)](#)

[Minnesota Food Helpline -multilingual](#)

[Neighborhood House-Wellstone Ctr](#)

[Neighborhood House-Highland Sibley Manor](#)

[North St Paul Area Food Shelf](#)

[Open Arms of MN](#)

[Open Cupboard](#)

[Open Hands Midway](#)

[Optage Senior Dining-meal delivery](#)

[Ramsey County: Food Resources Map](#)

[Ralph Reeder Food Shelf-Moundsview](#)

[St. John the Baptist Catholic Church](#)

[Salvation Army West 7th Street St Paul](#)

[Salvation Army Eastside St Paul](#)

[Second Harvest Heartland](#)

[Store to Door's Shop & Deliver Groceries](#)

[Union Gospel Mission](#)

[White Bear Emerg Food Shelf](#)

HEALTH CARE SYSTEM & HEALTH PLANS

[Avivo \(chemical & mental health\)](#)

[Dental Lifeline Network](#)

[Disability HUB MN](#)

[Fast-Tracker](#)

[Fraser](#)

[Minnesota Drug Card-free for non-covered/lower co-pay](#)

[Miracle Ear Foundation](#)

[MN Adult & Teen Challenge](#)

[MNSure](#)

[Mission Inc Programs](#)

[NuWay Chem Use Counseling \(in/out patient\)](#)

[NAMI Natl Alliance Mental Illness](#)

[OEIUS: Cap Tel Captioned Telephone](#)

[People Incorporated Mental Health](#)

[Portico Healthnet/480 Care Referral Line-appt basis](#)

[QuitPlan-Help Quit Smoking](#)

[Radias Health](#)

[Ramsey County Mental Health](#)

[RS Eden \(re-entry after incarceration\)](#)

[RX outreach; mail order pharmacies](#)

[Senior Linkage Line -medicare](#)

[Starkey Hearing Foundation](#)

[Struthers Parkinsons Center](#)

[Touchstone Mental Health](#)

[U of M Dental Care](#)

[Vision Loss Resources](#)

HOME MAINTENANCE & HANDYMAN

[Bridging - home basic essentials](#)

[Hearts & Hammers Twin Cities -exterior on own home](#)

[Help at Your Door](#)

[Keystone Community Services](#)

[Minnesota Hoarding](#)

[Minnesota Home Ownership Center](#)

[MN STAR Program-assistive technology for disabled](#)

[MN-Neat \(assistive technology\)](#)

[NeighborWorks TC Metro](#)

[Rebuilding Together Twin Cities](#)

[Senior Community Services HOME program](#)

[Seniors Helping Seniors \(fee based\)](#)

[TC Habitat A Brush w/Kindness](#)
[TC Habitat for Humanity Restore Home Improvement](#)
[Vison Loss Resources intake free in home assessment](#)

HOUSING RESOURCES

[Accessible Space, Inc \(ASI\) MN](#)
[AEON Leasing Call Center](#)
[American Indian Community Development Assoc](#)
[Beyond Backgrounds](#)
[Catholic Charities of St Paul & Mpls](#)
[Common Bond Properties Hdqtrs for online search](#)
[Esther Homes \(maternity/pregnancy -homeless/crisis](#)
[Frontier Living-MN \(w/medical assistance\)](#)
[HomeHelpMN \(mrtg/taxes/fees\)](#)
[Housing Link search internet incl subsidized](#)
[HUD FHA Resource Ctr](#)
[Lutheran Social Service of MN](#)
[Metro HRA \(local housing choice vouchers\)](#)
[Minnesota Housing](#)
[Natl Handicap Housing Institute -barrier free housing](#)
[Neighborhood House](#)
[People Incorporated Mental Health housing support](#)
[Presbyterian Homes](#)
[Project for Pride](#)
[Ramsey County Coord Access to Housing & Shelter \(CAHS\)](#)
[Ramsey County Emergency Rental Assistance](#)
[RS Eden \(re-entry after incarceration\)](#)
[St Paul Public Housing Help Line](#)
[The Arc Minnesota \(adults w/disabilities\)](#)
[Theresa Living Ctr-Caroline Family Services](#)
[Trellis Management Co](#)
[Twin Cities Senior Housing Guide](#)
[Volunteers of America MN&WI](#)
[Wilder Supportive Housing Services](#)

LEGAL

[Immigrant Law Ctr of MN](#)
[LawHelpMN.org](#)
[Mid-Minnesota Legal Aid client intake line](#)
[Mid-Minnesota Legal Aid/Disabiity Law Ctr](#)
[Minnesota Elder Justice Center](#)
[Minnesota Legal Advice Online](#)
[Ramsey County Service Center](#)
[St Paul General InformationPermits & Licenses](#)
[Southern Minnesota Regional Legal Services, Inc.](#)
[Volunteer Lawyers Network client intake line](#)

MEDICAL ALERT

[Life Alert](#)
[Medical Alert](#)
[Mobile Help](#)

PETS

[Animal Humane Society Free Pet Helpline](#)

[Minnesota Federated Humane Societies](#)

[MnSnap](#)

[People & Pets Together](#)

[Pet Poison Hotline](#)

PHONE

[Government Free Smart Phone](#)

[Hearing disabled free Capitel phone](#)

[Lively Jitterbug flip & smartphones](#)

[Life Wireless \(qualify under fed poverty guidelines\)](#)

[MN Phone Equip Distribution w/hearing loss, speech impairment](#)

[Open Access Connections](#)

[Qlink Wireless](#)

[TAG Mobile Minnesota Lifeline Service](#)

[Telephone Equipment Distribution Program-same VP](#)

PC

[PCs for People](#)

[Affordable Care Connectivity Program](#)

TECH SUPPORT

[ARRM Assistive Tech Disabled](#)

[Cassia Learning Lab-age in place](#)

[Computer Tech - Microsoft Accessibility Tools for mental/physical disability](#)

[CML Choice Magazine Listening free \(impaired vision/disability\)](#)

[MN STAR Program-assistive technology for disabled](#)

[MN-Neat \(assistive technology\)](#)

[The Senior Tech Club](#)

SHELTERS

[Ain Dah Yung Center](#)

[Bethel Hotel \(men\)](#)

[Catholic Charities Higher Grd](#)

[Catholic Charities Dorothy Day](#)

[Catholic Charities Maplewood \(families\)](#)

[Harriet Tubman Center East](#)

[Kingdom Pathways](#)

[Listening House-Day Shelter](#)

[Project Home - Interfaith Action](#)

[Ramsey County Homeless Services Team \(fam\)](#)

[Ramsey County Homeless Services Team \(singles\)\)](#)

[Salvation Army Booth Brown House \(youth\)](#)

[Twin Cities Metro Shelter Hotline](#)

[Union Gospel LifeNet singles](#)

[Union Gospel Mission](#)

[Union Gospel Naomi Family Residence](#)

[United Way Crisis; call 211 from any phone](#)

SOCIAL SERVICES

[180 Degrees](#)

[American Indian Family Center](#)

[Avivo](#)

[Breaking Free \(against sex trafficking-housing incl\)](#)

[CAPI Immigrant Opportunities](#)

[Catholic Charities](#)

[CLUES](#)

[Guild Services](#)

[JFS](#)

[Keystone Community Services](#)

[www.keystoneservices.org](#)

[Korean Service Center](#)

[Lutheran Social Service of MN](#)

[Merrick Community Services](#)

[People Incorporated - Mental Health Services](#)

[Ramsey County Human Services](#)

[Ramsey County Senior/Disability Services](#)

[Salvation Army West 7th Street St Paul](#)

[Salvation Army Eastside St Paul](#)

[South Asian Community Health & Social Services](#)

[Vietnamese Social Services of MN](#)

[Volunteers of America MN&WI](#)

[Wilder Aging & Caregiving Services](#)

TAX AID

[AARP Tax Aide](#)

[IRS Hotline](#)

[Prepare & Prosper](#)

[Volunteer Inome Tax Assistance Helpline \(MN Dept Revenue\)](#)

TRANSPORTATION

[Charity Cars](#)

[511 MN](#)

[Go Go Granparent \(Uber/Lyft\)](#)

[Help at Your Door](#)

[Metro Mobility Customer Service](#)

[Metro Transit-all services](#)

[Transit Link Dial a Ride](#)

VETERANS

[MN Assistance Council for Veterans- rent/housing assistance](#)

[Ramsey County Veterans Services-housing too](#)

[VA Community Resource & Referral Ctr \(CRRC\)-homeless](#)

[Veteran's Affairs Medical Center](#)

[Veterans Crisis Line](#)

[Veteran's Linkage Line MN Vet Services](#)

VOLUNTEER

[Hands on Twin Cities](#)

[Minnesota Senior Corps](#)

[Lutheran Social Services MN Senior Corps-Hennepin Cty](#)

VOTE

[Voter Registration](#)