

## ANOKA COUNTY

## CIVIC ENGAGEMENT AARP Anoka Cty History Center Anoka Cty Library - Centennial Anoka Cty Library - Columbia Heights Anoka Cty Library - Crooked Lake Anoka Cty Library - Johnsville Anoka Cty Library - Mississippi Anoka Cty Library - North Central Anoka Cty Library - Northtown Anoka Cty Library - Rum River Anoka Cty Library - St Francis Anoka Cty Library - Andover on the Go Anoka Cty Library Books by Mail for homebound Anoka Parks Anoka Seniors Bridgeview Drop In Center (mental illness) Columbia Heights Library **Columbia Heights Senior Center** Fridley Community Ctr-Sr Programs **Fridley Historical Society** Mary Ann Young Senior Center Mississippi Library Natl Library Service for the Blind & Handicapped North Suburban Center for the Arts Springbrook Nature Ctr **CLINICS & PHYSICIANS** Apple Tree Dental-Coon Rapids Healthpartners Riverway Clinic Andover Healthpartners Riverway Clinic Coon Rapids Healthpartners Riverway Clinic Lino Lakes/Circle Pines Mercy Hospital Unity Campus M Health Fairview-Fridley M Health Fairview-Andover

M Health Fairview-Blaine Allina Health Fridley Allina Health Blaine Allina Health Coon Rapids Allina Health Ramsey Canvas Health; mobile crisis response team **Children's Dental Services** Neighborhood Health Source North Metro Coon Rapids North Memorial Health Clinic-Fridley North Memorial Health Clinic-Blaine Lee Carlson Mental Health Fridley Clinic PORTICO HealthNet - clinic referrals in other lang U of M Dental School St Mary's Fridley free clinic **CLOTHING & HOUSEHOLD** ACBC Food Shelf & Clothing Closet Bridging - home basic essentials **Goodwill Champlin** Goodwill Coon Rapids North Anoka Emerg Food Shelf (NACE) Savers Savers-columbia heights Salvation Army Family Store-Fridley Southern Anoka Community Assistance (SACA) St Philip's Lutheran Church That Other Thrift Store **CRISIS HOTLINES & HELP** ACLU MN (American Civil Liberties Union-my civil rights) Alzheimer's Association Anoka County Resource Guide Anoka County Crisis Response Line Anoka County Domestic Abuse Connect Anoka County Adult Mental Health Intake Asthma Info Ctr American Lung Assoc Helpline Bellis (support for lost child custody) Better Business Bureau of MN & ND Casa De Esperanza-bilingual domestic violence hotline CDC Immunization Info Hotline Cornerstone 24 hr help One Day MN-Domestic or Sexual Violence, trafficking Crime Victim Support Line for MN **Disability HUB MN** Ephiphany Caring for Life-pregnancy/after birth support FTC Identity Theft Hotline **Greater Minneapolis Alcoholics Anonymous Greater Minneapolis Crisis Nursery** 

Guilda's Club Twin Cities (cancer support) Hunger Solutions- MN Food Helpline Live Well at Home Mental Health Minnesota Warmline Minnesota Coronavirus Hotline Minnesota Help Minnesota Unemployment Benefits **MN** Poison Control **Minnesota Recovery Connection** Narcotics Anonymous National Gambling Hotline **National Suicide Prevention Lifeline** Office of Minnesota Attorney General Red Cross Virtual Family Assistance Ctr Reduce Telemarketer calls Safety at Home MN Address Confidentiality Seniors Blue Book-resource referral Senior Community Services Senior Information Line of Anoka Cty Senior Linkage Line - to get help Social Security Administration Trans Crisis Lifeline Trellis-Metropolitan Area Agency on Aging Twin Cities Free Food Events & Resources United Way Crisis; call 211 from any phone; multi-lingual;Lyft US Citizenship & Immigration Services Veteran's Crisis Line **Youth Services Network EDUCATION** Anoka Hennepin Community Ed Anoka Technical College **Fridley Community Education** Metro North Basic Education Pacer Project for Pride Senior Citizen Education Program at U of M Wings for Widows **EMPLOYMENT SERVICES** Access Ability (those with barriers) Anoka County Job Training Ctr/MN Career Force Anoka County Senior Employment Dress for Success Twin Cities **Goodwill-Easter Seals** HIRED Lutheran Social Services (LSS) Training & Educ Ctr (TEC)

**MN Career Force MN** MN Employment&Economic Dev State Services for the Blind Minnesota Job Partners (Dislocated Worker Prog) Small Sums Twin Cities RISE **ENERGY ASSISTANCE** Anoka Cty Comm Action Program (ACCAP) Minnesota Dept Commerce Energy Assistance Minnesota utility/energy COVID-19 Resources Salavation Army HeatShare Sustainable Resource Ctr Weatherization Program Xcel Medical Affordability Xcel Sr Discounts electric/gas FINANCIAL ASSISTANCE AnnualCreditReprt.com Anoka County Economic Assistance Catholic Charities **Community Emergency Assistance Programs** Lutheran Social Service of MN Financial Counseling Minnesota Benefits-Prepare & Prosper Salvation Army Anoka Cares (rent/utilities) The Lift Garage-AUTO Wings for Widows FOOD RESOURCES Anoka Cty Community Free Food Calendar for Meals Anoka Cty SNAP/Food Assistance Anoka Covenant Church ACBC Food Shelf & Outreach Delivery **Blaine United Methodist Church Centennial Community Food Shelf** Community Emergency Assistance Programs (CEAP) **Coon Rapids United Methodist Church** EBT card for online food purchases Fareforall Co-op Food Buying Program First Lutheran Church Sun Lunch Food Allergy Support Fridley Covenant Church Good in the Hood Grace Lutheran Church Hope Church, Hope for the Community Impact Services Meals on Wheels Manna Market Tues 5-7 Meal Programs & Food Shelves Salvation Army North Div Meals on Wheels

Minnesota Benefits-Minnesota Food Helpline Minnesota 7 county Metro Resources (Facebook Group Minnesota SNAP nutritional assistance program North Anoka Emerg Food Shelf (NACE) Nutrition Assistance Program for Seniors (NAPS) Open Arms of MN **Optage Senior Dining** Salvation Army Food Shelf Second Harvest Heartland Southern Anoka Community Assistance (SACA) St Philip's Lutheran Church St Timothy's Lutheran Church 2nd Tues dinner Store to Door's Shop & Deliver Groceries Substance Church Food Shelf **Twin Cities Free Food Events & Resources HEALTH CARE SYSTEM & HEALTH PLANS** Aliveness Project (HIV services) Anoka Cty Chemical Health Services Avivo MN (chemical & mental health) Dental Lifeline Network **Disability HUB MN** Fast-Tracker MN -behavioral health Fraser Lee Carlson Mental Health Fridley Clinic Medical Assistance/Minnesota Care MNSure Medicare-social security Mercy Hospital Coon Rapids- Allina Mercy Hospital/Unity Hospital Fridley- Allina Minnesota Drug Card-free for non-covered/lower co-pay Miracle Ear Foundation MN Adult & Teen Challenge-chemical dependcy programs NAMI Natl Alliance Mental Illness **Nexus Family Healing MN** NuWay Chem Use Counseling (in/out patient) **OEIUS:** Cap Tel Captioned Telephone People Incorporated Mental Health Portico Healthnet/480 Care Referral Line QuitPlan-Help Quit Smoking Radias Health Rainbow Health (HIV; Mental Health) RX outreach; mail order pharmacies Senior Linkage Line Starkey Hearing Foundation

Struthers Parkinsons Center **Touchstone Mental Health** Vision Loss Resources **HOME MAINTENANCE & HANDYMAN** Bridging - home basic essentials Chores and More (ACCAP) **Empty the Nest** Estate Maven LLC **Gentle Transitions** Hearts & Hammers Twin Cities -exterior on own home Help at Your Door-fee based Minnesota Hoarding MN STAR Program-assistive technology for disabled MN-Neat (assistive technology) NeighborWorks TC Metro Presbyterian Homes Optage Home Health Care **Rebuilding Together Twin Cities Roses Daughters** TC Habitat for Humanity Restore Home Improvement Vison Loss Resources intake free in home assessment HOUSING RESOURCES Accessible Space Inc (ASI) **AEON Leasing Call Center** Anoka Cty Housing Hotline (ACCAP) American Indian Community Development Assoc Beyond Backgrounds Catholic Charities of St Paul & Mpls Common Bond Properties Hdgtrs for online search HOME Line tenant's rights Housing Resource Network(for apartment) HUD FHA Resource Ctr **HUD Housing Counseling** Living Well Disability Services - group homes Lutheran Social Service of MN Metro HRA (local housing choice vouchers) Minnesota Housing (rehabilitation/fix-up loan programs) Natl Handicap Housing Institute -barrier free housing People Incorporated Mental Health housing support **Presbyterian Homes** Project for Pride RS Eden (re-entry after incarceration Salavation Army Family Homeless Assistance Program (Anoka Social Services The Arc Minnesota (adults w/disabilities) Trellis Management Co Twin Cities Senior Housing Guide

Volunteers of America MN&WI (Sr living & care) Wilder Supportive Housing Services LEGAL Immigrant Law Ctr of MN Judicare of Anoka Cty LawHelpMN.org Legal Aid client intake line Mid-Minnesota Legal Aid/Disabiity Law Ctr Minnesota Elder Justice Center Volunteer Lawyers Network client intake line MEDICAL ALERT Life Alert **Medical Alert** Mobile Help PETS Angels of Hope Animal Rescue **Animal Humane Society** Animal Humane Society Free Pet Helpline & Emergencies Animal Humane Society Melrose Vet Ctr Minnesota Federated Humane Societies **MnSnap** People & Pets Together Pet Poison Hotline PHONE **Government Free Smart Phone** Hearing disabled free Capitel phone Jitterbug flip & smartphones (GreatCall) Life Wireless (qualify under fed poverty guidelines MN Phone Equip Distribution w/hearing loss, speech impairment **Open Access Connections** TAG Mobile Minnesota Lifeline Service Telephone Equipment Distribution Program-same VP PC Computer Tech - Microsoft Accessibility Tools for mental/physical disability PCs for People Repowered **TECH SUPPORT ARRM Assistive Tech Disabled** Cassia Learning Lab-age in place Computer Tech - Microsoft Accessibility Tools for mental/physical disability CML Choice Magazine Listening free (impaired vision/disability MN STAR Program-assistive technology for disabled MN-Neat (assistive technology) The Senior Tech Club SHELTERS

Alexandra House (women/children) **Catholic Charities** Family Promise of Anoka County (families) Mission Inc Programs (Domestic & substance abuse) People Inc homeless outreach Shelter.App Locator by city/zip code Stepping Stone Emergency Shelter United Way Crisis; call 211 from any phone SOCIAL SERVICES Anoka County Community Social Services Anoka Senior Services Arrive Ministries (refugees & immigrants) Avivo **CAPI Immigrant Opportunities Catholic Charities CLUES** Cornerstone (Domestic Violence) **Deaf/Blind Services-West Metro** Lee Carlson Mental Health Programs Lutheran Social Service of MN Minneapolis American Indian Ctr MN Indian Womens Resource Ctr Salvation Army Anoka County South Asian Community Health & Social Services Vietnamese Social Services of MN Volunteers of America MN&WI Wilder Aging & Caregiving Services TAX AID AARP Tax Aide **IRS Hotline** Prepare & Prosper Volunteer Inome Tax Assistance Helpline (MN Dept Revenue) TRANSPORTATION Anoka County Transit Anoka County Traveler (fixed routes) Cars-for-Christ **Charity Cars** 511 MN Travel Info Full Cycle Go Go Granparent (Uber/Lyft) Help at Your Door Metro Mobility Customer Service Metro Transit All Services Newgate Wheels Wkg Moms Northstar Commuter Rail Route 888

Transit Assistance Program (TAP) Transit Link Dial a Ride=delivering groceries 651-602-5465 VETERANS Anoka County Veteran's Services MN Assistance Council for Veterans- rent/housing assistance VA Community Resource & Referral Ctr (CRRC)-homeless Veteran's Affairs Medical Center Veterans Aid & Attendance Veterans Crisis Line Veteran's Linkage Line MN Vet Services VOLUNTEER Anoka County Volunteer Opportunities Fridley Lions Hands on Twin Cities MN Senior Corps Anoka Senior Kinship Program VOTE Voter Registration