

MISSION

To provide healthy meals to Minnesotans in areas where need is greatest.

VISION

We are guided by our vision that all people – regardless of socioeconomic, cultural, religious, or ethnic background – deserve to meet their basic needs for food, dignity, and respect.

PROGRAMS

Community Meals

We offer free, healthy meals at over 30 community locations. We welcome anyone in need — no questions asked.

Food Rescue

We rescue millions of pounds of food from partnering restaurants, grocery stores, cafeterias, businesses, and more to distribute and repurpose into nutritious meals.

Street Outreach

Every week, our team brings mobile meals and groceries to people experiencing homelessness, to eliminate food access obstacles.

The HUB

The HUB program enables partnering nonprofits and small community meal groups to source healthy food from our inventory to prepare and serve their own meals to their community.

Advocacy

We speak with our guests and share helpful resources to serve their unique needs, including referrals for transportation, housing, health plans, volunteering, and more.

We welcome anyone who would benefit from a free nutritious meal.

Scan the QR code to find the closest community meal site near you and receive any number of meals needed. We encourage you to reach out to our Director of Advocacy for social service referrals and more information: (612) 429-6900



www.loavesandfishesmn.org | (612) 377-9810



FIND A FREE MEAL

*We welcome anyone who would benefit from a **free nutritious meal - no questions asked.***

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We welcome anyone who would benefit from a **free nutritious meal - no questions asked.**
Our guests actively contribute to reducing food waste and the environmental impact of carbon dioxide.

MINNEAPOLIS

Great is Thy Faithfulness

1115 North 30th Ave.
Monday-Friday: 5:30 to 6:30 PM

Holy Rosary Catholic Church

2424 18th Ave. S
Monday-Thursday: 5:15 to 6:15 PM

ICCM Life Center (lunch)

1812 Park Ave. S
Tuesday-Friday: 1:00 to 3:00 PM

Mount Olivet Lutheran Church

5025 Knox Ave. S
Thursday: 4:00 to 5:30 PM

Nokomis Heights Lutheran Church

5300 10th Ave. S
Wednesday: 5:00 to 6:00 PM

Peace House Community

1816 Portland Ave.
Monday-Friday: 5:00 to 6:00 PM

Prospect Park United Methodist

22 Orlin Ave. SE
3rd Wednesday: 5:30 to 6:30 PM

Proverbs Christian Fellowship Church

(Grocery Distribution Only)
3210 N Oliver Ave.
2nd & 4th Saturday: 11:00 to 12:00 PM

Salvation Army Temple Corps (lunch)

1604 East Lake St.
Monday-Wednesday: 12:00 to 1:00 PM

Serenity Village North (lunch)

3800 Russell Ave. N
Monday-Friday: 12:00 to 1:00 PM

True Vine New Bethel (lunch)

2639 N Thomas Ave.
Monday-Friday: 12:30 to 1:30 PM

ST PAUL

ST PAUL

Richard M Schulze Family Foundation

St. Paul Opportunity Center
422 Dorothy Day Place
Every day: 4:30 to 5:15 PM

Faith United Methodist Church

West St. Paul 1530 Oakdale Ave.
3rd Wednesday: 5:30 to 6:30 PM

Our Redeemer Lutheran Church

1390 Larpenteur Ave E
Wednesday: 5:30 to 6:30 PM

St. Matthew's Catholic Church

510 Hall Ave.
Monday-Friday: 5:00 to 6:00 PM

BROOKLYN CENTER

Brooklyn United Methodist (lunch)

7200 Brooklyn Blvd.
Monday, Wednesday, Friday:
12:00 to 1:00 PM

True Foundation Church Of God

5840 Lilac Dr N
Wednesday: 5:30 to 6:30 PM

CRYSTAL

Brunswick United Methodist Church

6122 N 42nd Ave.
Wednesday: 5:30 to 6:30 PM

FRIDLEY

Fridley United Methodist Church (lunch)

680 Mississippi St. NE
4th Saturday: 11:30 to 12:30 PM

NORTH METRO

BLOOMINGTON

Christ the King Lutheran Church

8600 Fremont Ave. S
Monday-Friday: 5:00 to 6:00 PM

BURNSVILLE

Faith Covenant Church

12921 Nicollet Ave.
Wednesday: 5:30 to 6:30 PM

EAGAN

Easter Lutheran (Easter by the lake)

4545 Pilot Knob Rd.
(Pilot Knob & Cliff)
Monday-Thursday: 5:30 to 6:30 PM

LAKEVILLE

Hosanna Church

9600 163rd St. W
Tuesday: 5:00 to 6:00 PM

RICHFIELD

Hope Presbyterian Church

7132 Portland Ave. S
Monday-Friday: 5:00 to 6:00 PM

Woodlake Lutheran Church

2120 W. 76th St.
Saturday-Sunday: 5:30 to 6:30 PM

SHAKOPEE

St. John's Lutheran Church

119 8th Ave. W
Monday, Tuesday, Thursday, Friday:
5:30 to 6:30 PM

INVER GROVE HEIGHTS

River Heights Vineyard Church

6070 Cahill Ave. E
Monday-Thursday: 5:30 to 6:30 PM

SOUTH METRO

EAST METRO

HOPKINS

St. Gabriel Catholic Church

(St. Joseph Campus)
1310 Mainstreet
Saturday-Tuesday: 5:30 to 6:30 PM

PLYMOUTH

Mt. Olivet Lutheran Church

12235 Old Rockford Rd.
Monday: 5:30 to 6:30 PM

Plymouth Covenant Church

4300 Vicksburg Ln. N
Saturday: 5:30 to 6:30 PM

CHASKA

Chaska Moravian Church (lunch)

115 E 4th St
2nd Saturday: 12:00 to 2:00 PM

AITKIN

First Lutheran Church

107 2nd St. SE
Monday & Thursday: 5:00 to 5:30 PM
Tuesday: 12:00 to 12:30 PM

BACKUS

Pine Mountaineer Senior Center

131 Wood St. N
Thursday: 4:00 to 5:30 PM

PALISADE

Bethel Lutheran Church (lunch)

411 Main St.
Monday & Thursday: 11:30 to 12:00 PM

PINE RIVER

Riverview Church

310 Norway Ave.
Monday: 4:00 to 6:00 PM

WEST METRO

GREATER MINNESOTA

MINNEAPOLIS



Updated: 01.16.2024