



## Our Mission

To provide healthy meals to Minnesotans in areas where need is greatest.

## Our Vision

We are guided by our vision that all people – regardless of socioeconomic, cultural, religious, or ethnic background – deserve to meet their basic needs for food, dignity, and respect.

We welcome individuals who would benefit from a free nutritious meal. Scan the QR code to find a Community Meal location near you.



# Our Work

## FREE MEAL PROGRAMMING

Our Free Meal Programming ensures that everyone in our community has access to nutritious food. Through our **Community Meals**, we provide free takeaway meals and in-person dining across the Twin Cities. Our **Street Outreach** Program delivers mobile sandwiches and groceries tailored to our guests' available resources, providing a vital and consistent source of nourishment to people experiencing homelessness. Our **Community Distribution** program aims to extend food access to individuals and families in need beyond the services offered at our Community Meal sites.

## FOOD WASTE REDUCTION

Our **Food Rescue** operation tackles both hunger and environmental impact by saving millions of pounds of edible food from going to waste each year. Through partnerships with large chains, local stores, farms, and more, we capture surplus food and redirect it to support all our meal programs. Simultaneously, our **Cooking For All** curriculum educates staff, volunteers, and community members on low-waste cooking techniques, empowering them with essential culinary skills while promoting sustainable practices. Together, these initiatives reduce greenhouse gases and provide nutritious meals to those in need.

## COMMUNITY PARTNERSHIPS

Our Community Partnerships strengthen the impact of our mission by collaborating with local nonprofits through **The HUB**, offering them access to rescued food at a minimal service fee to support their own meal services while staying focused on their core missions. Through our **Advocacy** efforts, we provide personalized referrals to relevant and local resources. Our **Institutional Partners** initiative builds relationships with facilities across Minnesota where our staff prepare macro-based nutritious meals for individuals living in institutional settings. Additionally, our **Commissary Kitchen** chefs transform rescued ingredients into meals that are distributed throughout our various programs.

[www.loavesandfishesmn.org](http://www.loavesandfishesmn.org) | (612) 377-9810



## FIND A FREE COMMUNITY MEAL

*We welcome individuals who would benefit from a **free nutritious meal** - no questions asked.*

# FIND A FREE MEAL

We welcome individuals who would benefit from a **free nutritious meal - no questions asked.**



Updated: 6.17.2026

## MINNEAPOLIS

### Great is Thy Faithfulness

1115 North 30th Ave.  
Monday-Friday: 5:30 to 6:30 PM

### ICCM Life Center (lunch)

1812 Park Ave. S  
Tuesday-Friday: 1:00 to 3:00 PM

### Mount Olivet Lutheran Church

5025 Knox Ave. S  
Thursday: 4:00 to 5:30 PM

### Nokomis Heights Lutheran Church

5300 10th Ave. S  
Wednesday: 5:00 to 6:00 PM

### Prospect Park United Methodist

22 Orlin Ave. SE  
3rd Wednesday: 5:30 to 6:30 PM

### Proverbs Christian Fellowship Church

(Grocery Distribution Only)  
3210 N Oliver Ave.  
2nd & 4th Saturday: 1:00 to 3:00 PM

### Salvation Army Temple Corps (lunch)

1604 East Lake St.  
Monday-Wednesday: 12:00 to 1:00 PM

### True Vine New Bethel (lunch)

2639 N Thomas Ave.  
Monday-Friday: 12:30 to 1:30 PM

## ST. PAUL

### Richard M Schulze Family Foundation

**St. Paul Opportunity Center**  
422 Dorothy Day Place  
Every day: 4:30 to 5:15 PM

### St. Matthew's Catholic Church

510 Hall Ave.  
Monday-Friday: 5:00 to 6:00 PM

## FRIDLEY

### Fridley United Methodist Church (lunch)

680 Mississippi St. NE  
4th Saturday: 11:30 to 12:30 PM

## ST. ANTHONY

### Faith United Methodist Church

2708 33rd Ave. NE  
2nd Thursday: 5:00 to 6:00 PM

## NORTH METRO

## SOUTH METRO

## BLOOMINGTON

### Christ the King Lutheran Church

8600 Fremont Ave. S  
Monday-Friday: 5:00 to 6:00 PM

## BURNSVILLE

### Faith Covenant Church

12921 Nicollet Ave.  
Wednesday: 5:30 to 6:30 PM

## LAKEVILLE

### Hosanna Church

9600 163rd St. W  
Tuesday: 5:00 to 6:00 PM

## RICHFIELD

### Hope Presbyterian Church

7132 Portland Ave. S  
Monday-Friday: 5:00 to 6:00 PM

## SHAKOPEE

### St. John's Lutheran Church

119 8th Ave. W  
Monday, Tuesday, Thursday:  
5:00 to 6:00 PM

## WEST METRO

## PLYMOUTH

### Mt. Olivet Lutheran Church

12235 Old Rockford Rd.  
Monday: 5:30 to 6:30 PM

### Plymouth Covenant Church

4300 Vicksburg Ln. N  
Saturday: 6:00 to 7:00 PM

## CHASKA

### Chaska Moravian Church (lunch)

115 E 4th St  
2nd Saturday: 12:00 to 2:00 PM