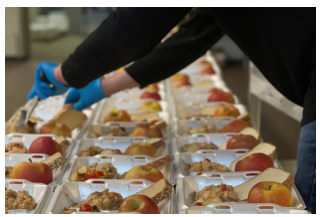
Loaves & fishes

2025 IMPACT REPORT

Serving Minnesota, No Questions Asked.







6.3M +
Meals Served

7.2M +
Pounds Rescued

44 Years
Serving MN

5,000+
Volunteers

STAFF & BOARD MEMBERS



To our staff and the over 5,000 volunteers who join us each year: thank you. Our goal is simple: no one should go hungry. But a mission is only words until people bring it to life, and you bring it to life every single day. We couldn't do this important work without you.

Angela Anderson
Matt Anderson
Todd Anderson
Angie Ayala
Stephen Badon
Kiley Benson
Raven Benson
Megan Bjork
Jose Borja
Shatan Braziel
Aaron Bronk
Rebecca Buckman
Luis Carbajal
Chad Carruthers
Addy Devowe
Alex Flint
Dan Forsberg
Mary Franz
Melissa Fullmer
Fabián German
Carolyn Gross
Adrian Hanisch
Angela Hardy
Kellin Harmon
Lucas Herrera
Robin Hill
Matthew Horwath
Brittny Hystead
Darian Jonatan
Emily Kelson
Chris Kolb
Laurie Lewis
Connie Lindberg
Cole Lucking
Jose Maradiaga
Carson McCalvy
Melanie McCormick
Mike McCullough
Ahmed Mire
Latisha Moening
Neil Munson
Mario Nelson
Mariah Nelson
Olivia Nelson
James Nguyen
Joshua Olson
Sean Olson
Anthony Perez
Raleigh Perkins
Pearl Raisanen
Alyssa Rydel
Juan Salazar
Robert Schoonover
Steven Shapley
Lucy Beers Shenk
Brad Skow
Virginia Skruppy
Jacob Sturges
Albert Svenddal
Marty Thoe
Jacob Thoresen
Jason Todd
Michael Todaro
Beverly Tolliver
Levelle Tolliver
Margoth Vaca
Margarita Vaca
Hector Velasco
Anna Vyskocil
Nick Willbanks
Jazmin Zamora
Sophia Zimmerman

OUR BOARD

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Bob Cheney
Jeff Clement
Mike Degen, ***Emeritus***
Mark Hoiland, ***Emeritus***
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Mike Jonikas
Judy Kulsrud, ***Vice Chair***
John Larson
Connor O'Neill
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Scott Smith
Kurt Swiecichowski
Rebecca Van Handel, ***Treasurer***



At our North Warehouse, volunteers welcome neighbors through our Community Distribution line and load their vehicles with groceries recovered through our Food Rescue Program.

Hunger in Minnesota is on the Rise

In 2025, changes and challenges to food benefit programs sent real and immediate ripple effects across our state. Families already navigating tight margins faced deeper uncertainty, and many neighbors turned to food shelves and meal programs for the first time in their lives. We saw it firsthand: rising demand, longer lines, and greater need in every community we serve.

When systems fell short, Loaves & Fishes rose to meet the moment as best we could, but even we were pushed in new ways. Our programs evolved to reach people where they are. Partnerships deepened. Staff and volunteers showed up, day after day, guided by a core belief that has never wavered: that everyone deserves access to nutritious food, no questions asked.

Together, with the support of donors, volunteers, partners, and staff, **we served more than 6.3 million meals** across Minnesota.

Behind that number are millions of moments of dignity and connection: a warm plate, a familiar face, a table where everyone is welcome.

The need is not going away; it's only growing exponentially. But if this year taught us anything, it's that this community does not back down from hard things. As we move into the future, we do so with determination, deepening the partnerships that multiply our reach, and building the kind of lasting capacity that can meet this moment and the ones still to come.

None of it happens without you. Thank you for standing with Loaves & Fishes through a year that tested us and strengthened us. Every gift, every volunteer shift, every shared meal, every time you told a friend about this work, it all added up to 6.3 million meals and countless moments of hope. Your support makes this work possible, and your belief in our mission fuels the road ahead. We are deeply grateful for your partnership.

Together, we will continue to nourish Minnesota, one meal at a time, no questions asked.

With gratitude,

The Loaves & Fishes Board of Directors

The Pillars of Our Work

OUR MISSION

To provide healthy meals to Minnesotans in areas where the need is greatest.

OUR VISION

We are guided by our vision that all people – regardless of socioeconomic, cultural, religious, or ethnic background – deserve to meet their basic needs for food, dignity, and respect.

2025 AT A GLANCE

6.3M +	MEALS SERVED
7.2M +	POUNDS RESCUED
5,000 +	VOLUNTEERS
33	COMMUNITY MEAL SITES
11	COUNTIES SERVED

Free Meal Programming



Our Community Meals, Street Outreach, and Community Distribution are designed to ensure nutritious food reaches those most in need.

Food Waste Reduction



Our Food Rescue and Cooking For All programs are designed to tackle food surplus and teach sustainable cooking practices to reduce waste.

Community Partnerships



The HUB, Institutional Partners, and Commissary Kitchens are collaborative efforts to expand access to resources across communities.

Our History









It **began in 1982** with two meal locations and a simple belief that no one should go hungry and as a community we can bridge the gap together.

From Dorothy Day House in St. Paul and St. Stephen's in Minneapolis, what started as an act of hospitality has grown into an extensive network. Partnering with community centers, churches, and schools to break down barriers standing between people and access to nutritious food.

As needs have grown, so have we, not just in size, but in creativity. In 2014, we launched our **Food Rescue Program**, redirecting surplus food from businesses, schools, and restaurants that would otherwise go to waste. Today, we save millions of pounds of food each year, cutting greenhouse gas emissions while delivering fresh, high-quality ingredients directly into our meal programs.

We didn't stop there. **The HUB Program** gives local nonprofits access to food through our inventory systems, lowering costs, deepening collaboration, and multiplying our collective impact.

Hunger doesn't wait, and neither do we. Our **Street Outreach Program** brings meals and tailored groceries directly to people experiencing homelessness or economic insecurity across the metro area.

We launched our first **Commissary Kitchen** to produce meals at scale in 2020. **Cooking For All** followed, empowering volunteers and everyday cooks to embrace sustainable, low-waste practices.

Our North Warehouse opened its doors in 2024 and became a permanent home for **Community Distribution** and a hub for rapid response when needs spike. It’s also a base for our Food Rescue Program.

For over four decades, we've responded to the evolving face of hunger with innovation, heart, and community. Serving over 6 million meals for the second year in a row in 2025. We're not done yet, and with your support, the next evolution of our work is just beginning.

FOR 44 YEARS

Serving warm, nutritious meals,

NO QUESTIONS ASKED

PILLAR NUMBER ONE

Free Meal Programming

Our Free Meal Programming makes sure that people across Minnesota don't go without nutritious food, and that no one has to face hunger alone. At our 33 Community Meal locations, neighbors come together over free meals. Guests are welcome to dine in and share a table, or take a meal to go, depending on the location.

For community members experiencing homelessness or economic insecurity, we meet people where they are. Our teams deliver mobile meals, hot soups, sandwiches, and tailored groceries directly to individuals through our Street Outreach Program, offering not just food, but a steady, reliable presence people can count on.

Our Community Distribution Program brings food access even further into the community. Individuals and families receive a diverse selection of food, including fresh produce, dairy, proteins, and non-perishable goods. This program is made possible by our Food Rescue Program. Items vary based on availability.

In 2025, we served over 6 million meals to individuals and families across Minnesota.



Community Meals

33 LOCATIONS SERVED



Street Outreach

3 ROUTES SERVED



Community Distribution

11 LOCATIONS SERVED

Meals Served

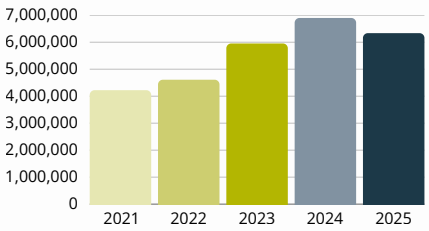
Throughout our Programs in 2025

The numbers reflected in these results reflect all meals served across our programming and community partnerships. This work is made possible by the collective efforts of our partners, volunteers, donors, and neighbors who strengthen communities by providing access to warm and nutritious food through a variety of service models and distribution channels.



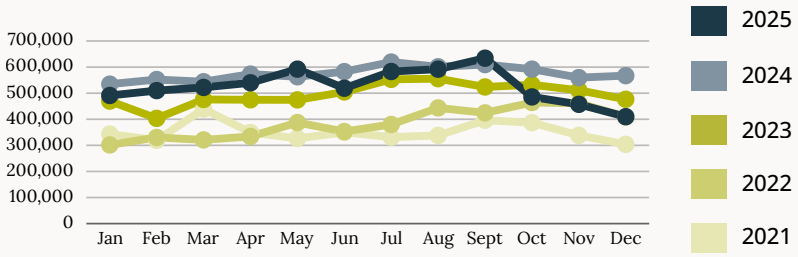
6.3+
MILLION MEALS
Served in 2025

50%
GROWTH
SINCE 2021
(LAST 5 YEARS)

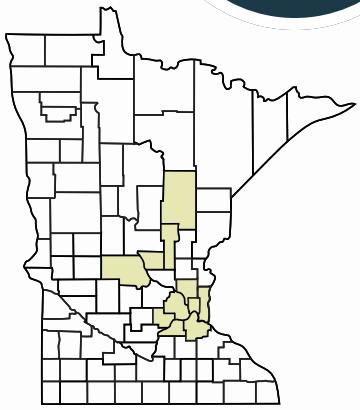


Month-to-Month Meal Counts:

Summer is our busiest season while school is out and security fades.



Fun Fact: *We served over 630,000 meals throughout the month of September!*



Minnesota Counties served in 2025: Aitkin, Anoka, Benton, Carver, Dakota, Hennepin, Mille Lacs, Ramsey, Scott, Stearns, and Washington.

During FY2025, Loaves & Fishes made difficult but necessary decisions to strengthen the organization's long-term financial sustainability. This included consolidating a small number of meal sites so we could focus resources where they would have the greatest impact. While these changes temporarily reduced the number of meals served, they strengthened our ability to continue providing healthy meals to Minnesotans in the communities where the need is greatest. Today, Loaves & Fishes is on stronger financial footing and well-positioned to grow our impact for years to come.

PILLAR NUMBER TWO

Food Waste Reduction

Our Food Rescue operation tackles both hunger and environmental issues by saving millions of pounds of food from going to waste each year. Through partnerships with large chains, local stores, farms, and others, we capture surplus food and redirect it to support all our meal programs. At the same time, our Cooking For All curriculum educates staff, volunteers, and community members on low-waste cooking techniques, empowering them with essential culinary skills while promoting sustainable practices. Together, these initiatives reduce greenhouse gases and provide nutritious meals to those in need.

In 2025, we rescued over 7.2 million pounds of quality food that would have alternatively been sent to a landfill.



Food Rescue

Our Food Rescue operation supports all our meal programming and reduces the amount of greenhouse gases in our atmosphere. No food donation is too small to make a difference.



Cooking For All

Our Cooking For All curriculum was developed to educate staff, volunteers, meal partners, students, youth groups, and more on how to cook while incorporating low-waste cooking techniques.

Food Rescued

Throughout our Programs in 2025

Our Food Rescue Program recovers surplus food from local businesses, restaurants, events, and other food donors. The rescued food is brought to our warehouse, where it is sorted and prepared for distribution through our various meal programs, community partnerships, and food access initiatives. This process helps prevent waste and ensures nutritious food reaches those who need it most.



7.2+
MILLION POUNDS
Served in 2025

Our Food Rescue Programs have rescued

52,000,000+ lbs

over the last five years!

In the winter of 2025, our Food Rescue Program faced unexpected external challenges that impacted our annual rescue totals. Our commitment to this work remains as strong as ever.



Partner

Businesses, schools, restaurants, farms, and events contact us about surplus food.



Collect

Food is rescued from food donors, then tracked through our inventory systems.



Prepare

Food is sorted, stored, redistributed, or prepared in one of our Commissary Kitchens.



Serve

Nutritious meals and groceries are delivered throughout our Community Programs.

A Positive Impact for People and the planet

By rescuing food that will otherwise go to waste, we reduce landfill contributions and greenhouse gas emissions while providing healthy meals to those who need them most. Together, we are creating a stronger, more sustainable Minnesota.

Greenhouse Gas Emissions Reduced in 2025

~12,500 tons

Learn more about our Eight Session Cooking For All Program on our website at LoavesandFishesMN.org.

PILLAR NUMBER THREE

Community Partnerships

The third pillar of our work reaches into the neighborhoods we serve.

Through The HUB Program, we share rescued food with local nonprofits at reduced costs, helping our partners serve nutritious meals to their guests while staying focused on their own missions.

Food recovered in a community stays in that community. We strive to increase food access, while reducing waste, and multiplying local impact.

We also partner with residential facilities and community institutions through our Institutional Partner Program to bring nutritious prepared food to more tables throughout the week, making the most of the resources our communities already have and expanding the reach.

And at our Commissary Kitchens in Minneapolis and New Hope, rescued ingredients become nourishing meals that support programs across our network. This work is made possible by our amazing chefs and volunteers.



The HUB Program

25 PARTNERS IN 2025

We partner with nonprofits to expand their guests' access to nutritious meals. We take care of the food so our partners can focus on their mission.



Institutional Partners

5 PARTNERS IN 2025

We prepare fresh, nutritious macro based meals for our innovative collaborations with residential treatment facilities and surrounding communities.



Commissary Kitchen

2 LOCATIONS IN 2025

Our chefs and volunteers prepare high-quality food in bulk each week.

53,000+ meals went out of these two kitchens to those who need it most.

Guests Served

At Our Community Meal Locations

We never require identification, documentation, or proof of need, because we believe proof of need should never be a prerequisite for nourishment. This open-door approach removes the barriers and stigma that too often keep people from seeking help, and it's why guests return not just for the food, but for the sense of belonging they find at our free meal locations. Every meal served is a reminder that hunger doesn't discriminate, and neither do we.

13% of our guests are veterans

AGE OF MEAL RECIPENTS:

- 0-4 (5%)
- 5-12 (12%)
- 13-19 (6%)
- 20-25 (4%)
- 26-34 (9%)
- 35-44 (8%)
- 45-54 (10%)
- 55-64 (16%)
- 65-74 (18%)
- 75+ (12%)

CURRENT HOUSING SITUATION:

Renter	48%
Homeowner	32%
Homeless and NOT Sheltered	10%
Homeless and Sheltered	7%
Transitional	2%
Assisted Living	1%



What range below best describes your **monthly income**?

28% $0-$500	**17%** $501-$1,000	**29%** $1,001-$2,000
15% $2,001-$3,000	**7%** $3,001-$4,000	**4%** Over $4,000

34% Are currently experiencing retirement	**89%** Make less than $3,000 in a month	**48%** Reported High blood Pressure	**29%** Reported feeling loneliness

HOW WE GATHER INFORMATION:

These insights come from our annual guest survey, conducted across Loaves & Fishes meal sites throughout Minnesota. Guests voluntarily share their experiences, health concerns, and household needs, so we can better understand the communities we serve and improve our programs.

What is Loaves & Fishes good at?

- Well balanced, nutritious meals
- Friendly people
- Helping the community

We are able to serve our community, because of people like you.

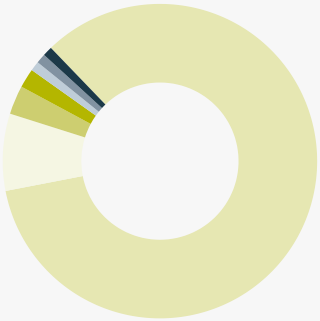
Thank you for helping us serve millions of meals to our neighbors in need, no questions asked.

481,000+ Guests Served, No Questions Asked.

Did You Know: $9.55 of every $10 we spent went to programming.

Financial Highlights

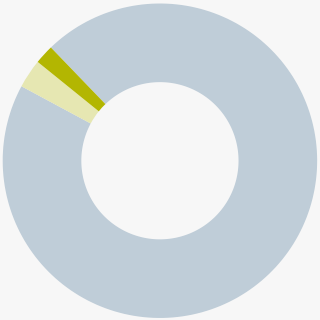
The figures reflect independently audited FY2025 financial statements
The 2025 fiscal Year is October 1st, 2024 to September 30th, 2025



REVENUE $3,889,032

In-Kind Contributions	85%
Individuals	8%
Institutional	3%
Contracts & Government Grants	2%
Special Events	1%
HUB Fees & Other	<1%

2025 in-kind contribution represents **$22,179,832** in donated food and building/kitchen space.



EXPENSES $5,298,237

Programming	96%
Administration	3%
Fundraising	2%

2025 in-kind expenses represents **$22,179,832** in donated food and building/kitchen space.

Throughout 2025, we averaged ~$.82 per meal

Donor Privacy Policy:

Loaves & Fishes is committed to respecting the privacy of our donors.

How Information is Used

Loaves & Fishes uses your information to maintain records, complete a transaction, communicate back to you, and for internal marketing purposes. We normally add you to our mailing list, unless requested otherwise.

No Sharing *Personal Information*

Loaves & Fishes will not sell, rent, trade, or transfer your personal information to other organizations. Use of donor information will be limited to internal purposes and only to further the mission of Loaves & Fishes. We assure you the identity of all our donors will be kept confidential. Complete financial information is available upon request.

Building a Stronger Foundation

FY2025 required difficult but necessary decisions to strengthen Loaves & Fishes' long-term financial health. As we evaluated programs, facilities, and operations, some changes temporarily reduced the number of meals served. These decisions were made intentionally to ensure every donor dollar has the greatest possible impact and to position the organization for long-term sustainability.

Today, Loaves & Fishes is on stronger financial footing and well-positioned to continue providing healthy meals to Minnesotans in the communities where the need is greatest.

Thank You

We are supported very generously by individuals, foundations, corporations, community groups, and faith-based organizations.

Businesses

3M Foundation
Abbott Laboratories - EGC
AbleNet, Inc.
ADP
Adtalem Global Education
AgriBank, FCB
Airport Retail Group, LLC
Allina Health
Ameriprise Financial
Amplitude
Andersen Corp
Arrow Tank & Engineering
Associated Clinic of Psychology
Bank of America Matching Fund
BBC McIntosh
Be Kind 2 People
Best Buy
BI Worldwide
Blaze Credit Union
Bolton & Menk
Boston Scientific
By the Yard
Cargill
Charity Inc
Christ Satisfies Housing
CHS
Cigna
Community Alliance
Costco Wholesale Eagan #1363
DaVita
Diesel Dogs Fuel Service
Driskill's Shorewood
Ecolab
Elevance Health
Energizer
First Western Bank & Trust
GE Vernova
General Mills
Google
Hampden Park Co-op
Henson Efron
Highmark Health
IBM
IN Food Marketing & Design
India Association of Minnesota
Just a Bunch of Roadies
Kowalski Companies Inc.
Liberty Diversified International
LTD Brewing Co
Lumen
M. A. Mortenson Company
Marsh & McLennan Companies
Medtronic
Microsoft
Mimecast
Minnesota Home Guys
Mucci's
Myslajek Kemp & Spencer
Navigate Forward
NetApp
NewRez
Nextera Packaging
NIXTA MPLS
NorthCentral DI
Northwestern Health Sciences University
Ogilvy
Omega Lithograph
OneMain Financial
Online Mattress Showroom
Palo Alto Networks
Pampered Chef
Polaris
Raytheon Technologies
Resan Partners
Robert Half
Roblox
Securian Financial
Sequoia Financial
Smokeless
Solventum
Standard Insurance Company
Stonebridge Capital Advisors
Summit Healthcare
Takeda Pharmaceuticals
The Format
The Matchbox
Thomson Reuters
Thrivent Financial
Tradition Capital Bank
Travelers
Twin Cities Recovery Project
U.S. Bank Foundation
United Bankers' Bank
UnitedHealth Group
Vantage Law Group
Wells Fargo
WestRock Foundation
Westwood Professional Services
Wildlife Management Services

Foundations

44 North Foundation
Albright Foundation
The Victor & Christine Anthony Family Foundation
Baillon Family Foundation
Baxter Family Foundation
Bloomington Community Foundation
Boreal Waters Community Foundation
Butler Family Community Foundation
Buuck Family Foundation
CarVal Investors
Casey Albert T. O'Neil Foundation
Doherty Family Foundation
Enterprise Mobility Foundation
Fred C. and Katherine B. Andersen Foundation
General Mills Foundation
Gertrude R. Shiely Charitable Trust
Graybrier Foundation
Harold and Dorothy Madson Foundation
Holden Family Foundation
Hubbard Broadcasting Foundation
Hugh J. Andersen Foundation
Humboldt Family Foundation
Hutter Family Foundation
Initiative Foundation
IWJ Charitable Foundation
Anonymous
James T. Nystrom Foundation
Journey For Good Foundation
Laird Youth Leadership Foundation
Land O'Lakes Foundation
Margaret Rivers Fund
McKnight Foundation Employee Matching Gift Program
McVay Foundation
Michael and Donna Kaplan Foundation
Mike & Linda Fiterman Family Foundation
Northland Foundation
Otto Bremer Trust
P&G Fund of The Greater Cincinnati Foundation
Ray Edwards Memorial Trust
Richard M. Schulze Family Foundation
Saint Paul & Minnesota Foundation
Sit Investment Associates Foundation
The Jay & Rose Phillips Family Foundation of Minnesota
The LeDoux Foundation
The Margaret A. Cargill Foundation Employee Matching Fund
The Morsman Family Foundation
The Patch Foundation
The Richfield Foundation
UNFI Foundation
Van Sloun Foundation

Government

City of Richfield
Emergency Food & Shelter Program
Hennepin County Community Services
Ramsey County

Groups

First Catholic Slovak Ladies Association
Glacier Hills Elementary School of Arts & Science
Goldbricks Club
Hopkins American Legion Auxiliary
Kiwanis Club of North Suburban St. Paul
Lake Minnetonka Excelsior Rotary Morning Club
Lakeville Lions
Minnesota Grocers Association
Teamsters Local Union #638
The Rotary Club of Minnetonka



THANK YOU

to the thousands of individual donors not listed who make our work possible, including our recurring monthly donors as a part of our Nourishment Network!

NOURISHMENT NETWORK

Nourishment Network

Help us sustain our mission

When you join the Nourishment Network, you become a part of the solution by giving the gift of food to Minnesotans in need every month. You'll join a community of like-minded individuals who are putting their values into action. You are an active participant in the fight against hunger and homelessness, and in caring for our planet as we reduce food waste in Minnesota.

Your consistent support fuels lasting change in our community.



> ***The meals mean I can breathe a little easier and focus on my health.***
>
> ***-Loaves & Fishes Guest***

Join the Nourishment Network

Sustaining Impact

Monthly gifts provide consistent resources we can count on. Helping us plan ahead and serve more people per year.

Reducing Hunger

From rescued food to nutritious meals, your support ensures our neighbors have access to the food they need.

Community

A dedicated network of neighbors who believes everyone deserves access to healthy food and compassion.

Flexiable

Monthly giving is simple to set up and easy to adjust. Every gift, regardless of size, makes a difference .

You can be the reason someone doesn't go hungry in Minnesota tonight.

Join the Nourishment Network today!

- Give monthly and change lives immediately.
- www.loavesandfishesmn.org/nourishment-network/

Scan to Join

Ways to Get Involved

Learn more at www.loavesandfishesmn.org

- Volunteer at a Community Meal Site, our North or Kasota warehouse, or at our Minneapolis Commissary Kitchen
- Donate online, via check, or through your DAF or IRA
- Become a monthly recurring donor as a part of our Nourishment Network and sustain our work
- Spread the word about our impact in the community to friends, family, and coworkers
- Attend an upcoming event
- Sign up for our monthly newsletter
- Follow us on Facebook, Instagram, LinkedIn, and Youtube

The need is not going away, and neither are we. In the year ahead, Loaves & Fishes will expand access, deepen partnerships, and ensure that a healthy meal is never out of reach for any Minnesotan. But we cannot do it alone and we never have. Whether you give, volunteer, advocate, or simply share a meal with a neighbor, you are part of this work. Join us. The table is set, and there is room for everyone.

Thank you for standing with us through a year that tested us and strengthened us. Together, we will keep nourishing Minnesota. One meal, one connection, and one neighbor at a time.



Loaves & Fishes has been nourishing Minnesota communities and reducing hunger since 1982.

Loaves & fishes

Receive Our E-Newsletter!

Scan the QR code above for access to our link tree

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Platinum Transparency 2026 Candid.

CHARITY NAVIGATOR Four Star Charity

Charities Review Council MEETS STANDARDS